

# DAY SPAS

Listed Alphabetically

COMPANY	OWNER	SERVICES	PREFERRED PRODUCT LINE
<b>ABUNDANT WELLNESS CENTER</b> 94 Chicopee St., Route 116, Chicopee, MA 01013 (413) 592-2828 www.abundantwellness.net	Debee Boulanger	Acupuncture and oriental medicine; couples massages; craniosacral therapy; deep tissue/injury rehabilitation; emotional freedom technique; hot stone massage; yoga; therapeutic massage; nutritional consultants	Natural Vitality; Metaphysical Giftshop; Essential Oils
<b>BELLUCCI SALON &amp; DAY SPA</b> 1498 Allen St., Bicentennial Plaza, Springfield, MA 01118 (413) 782-8056 www.belluccisalon.com	Maria Serrah	Organic luxury facials; Swedish and deep tissue massage; total nail care; customized color and hair cutting; makeup, salon, and spa packages; bridal	Eminence; Jane Iredale; Soma; Structural Balance
<b>BROOKS AND BUTTERFIELD THE DAY SPA</b> 140 Main St., 2nd Floor, Northampton, MA 01060 (413) 586-0366 www.brooksandbutterfield.com	Shannon Fleury	Skin care treatments; massage therapies; men's services; hand treatments; manicure; pedicure; express services; full-body treatments; hair removal; makeup; bridal preparation; spa packages	Jane Iredale cosmetics; GM Col-lin; Biotone; Suki Skin Care
<b>LA DERMIQUE, SKIN REJUVINATION AND BODY CONTOURING CENTER</b> 1154 Springfield St., Feeding Hills, MA 01030 (413) 786-3376; www.dermiqueskinspa.com	Dr. Stanley Swierzewski III	Advanced, FDA-approved, non-invasive, minimally invasive, and surgical aesthetic procedures; laser hair removal; laser skin rejuvenation; laser vein therapy; laser fat reduction; laser cellulite treatments; injectable Botox and fillers; permanent makeup; Laser tattoo removal	Skin Medica; Glow Minerals; Epiquin Micro, Clarisonic, Biotics
<b>DIGRIGOLI SALONS</b> 1578 Riverdale St., West Springfield, MA 01089 (413) 827-8888 www.digrigoli.com	Paul DiGrigoli	Hair cutting (including blow-dry and style) for women, men, and children; color and highlights; permanent waves; relaxers; formal up-dos; deep conditioning treatments; facial waxing; manicures and pedicures	Redken; Rusk; TIGI Bed Head;
<b>FACE TO NAILS ETC.</b> 600 Springfield St., Chicopee, MA 01013 (413) 594-8563 www.facetonails.com	Francine Kumiega James Kumiega	Massage therapy; facials; makeup; microdermabrasion; body treatments; hand and foot treatments; nail services including acrylics; hair styling and color; men's services; hair removal	Kuma (a Face to Nails exclusive), Pureology, Goldwell
<b>OCHOA DAY SPA</b> 15 College St., South Hadley, MA 01075; (413) 533-0000 653 N. Main St., East Longmeadow, MA 01028; (413) 737-2500 www.ochoadayspa.com	Margaret Ochoa	Massage therapies; hand and foot treatments; hydrotherapy; esthetic treatments; full-body therapy; body wraps; cosmetics; hair removal	Phytomere; Dr. Hauschka; Pevonia
<b>OKSANA SALON &amp; SPA</b> 702 Bliss Road, Longmeadow, MA 01106 (413) 565-2244 www.oksanasalonspa.com	Oksana Villeneuve	Design cuts; custom hair color; eyelash extensions; airbrush tanning; massage therapy; facials; clinical-grade peels; hair removal; threading; nail treatments; spa packages; body treatments; private bridal suite	Davines; Oribe; Deva Curl; Young Blood; Naturopathica; Glymed; Kerastase; Goldwell; OPI; Footlogix
<b>PUFFER'S SALON AND DAY SPA</b> 56 Southwick Road, Westfield, MA 01085 (413) 568-9000 www.pufferdayspa.com	Judy Puffer	Skin esthetics; massage and body treatments; nail and foot care; hair care; waxing; makeup; spa packages	Aveda
<b>SERENITY SALON &amp; SPA</b> 474 Burnett Road, Chicopee, MA 01020 (413) 594-2119 www.serenitychicopee.com	Laurie Kareta	Facials; waxing; hair; massage; manicure; pedicure; reiki, ear coning	Dermalogica; Pureology; Jane Iredale
<b>ENCORE AND EUROPA DAY SPA AND SALON</b> 60 Shaker Road, East Longmeadow, MA, 01028 (413) 525-0103 ; www.encoreandeuropa.com	Kelly Laviolette	Massages; facials; waxing; sunless tanning; manicures; pedicures	Dermalogica; Glymed
<b>SPA ON THE GREEN</b> 776 Longmeadow St., Longmeadow, MA 01106 (413) 565-2405 www.spaonthegreen.com	Dr. Glen Brooks	Natural skin-care treatments; body treatments; hair removal; massage therapy;	Jane Iredale cosmetics; Brooks Skin MD; Nia 24
<b>SYZGY THE MEDICAL SPA</b> 61 Locust St., Suite 2, Northampton, MA 01060 (413) 587-0600 www.truswellplasticsurg.com	Dr. William Truswell	Laser hair removal; microdermabrasion; light chemical peel treatments; anti-aging rejuvenation treatments; advanced skin-care packages	SkinMedica; Jane Iredale; Pevonia Botanica; Physician's Choice of Arizona
<b>TTRENDS</b> 509 Belmont Ave., Springfield, MA 01108 (413) 737-3721 www.ttrendssalon.com	Teresa Fernandes Trudy Fernandes	Haircut and color; special occasion up-dos; nail service; massage; skin care; waxing	Aveda
<b>WESTERN MASS WELLNESS CENTER</b> 1111 Elm St., Suite 21, West Springfield, MA 01089 (413) 738-WELL (732-9355) www.westernmasswellness.com	Mary-Anne DiBlasio	Reiki (sessions and certification classes, RMT); chakra balancing and crystal healing therapy (sessions & classes); cranial sacral therapy; emotional freedom technique (EFT); aromatherapy; nutritional counseling (RD); vision board assembly; guided imagery meditation; Be Well Life Coaching, soul retrieval (mostly for PTSD); home/office clearings; custom-designed healing jewelry; Yoga and Tai Chi	Wellness ... by Design – Custom healing jewelry by Simple Pleasures of Mind Body and Spirit; Northern Edge flax seed; Nature's Inventory wellness oils; Be Well custom oil blends