

DAY SPAS

LISTED ALPHABETICALLY

COMPANY	OWNER	SERVICES	PREFERRED PRODUCT LINE
ABUNDANT WELLNESS CENTER 94 Chicopee St., Chicopee, MA 01013 (413) 592-2828; www.abundantwellness.net	Debee Boulanger	Acupuncture and oriental medicine; couples massages; reflexology; Reiki; deep tissue/injury rehabilitation; emotional-freedom technique; hot-stone massage; yoga; therapeutic massage; nutritional consultants; craniosacral therapy	Natural Vitality; metaphysical gift shop; essential oils; healing crystals
BELLUCCI SALON 1498 Allen St., Bicentennial Plaza, Springfield, MA 01118 (413) 782-8056; www.belluccisaloon.com	Maria Serrah	Organic luxury facials; total nail care; customized color and hair cutting; makeup, salon, and spa packages; bridal packages	Eminence; Jane Iredale; Soma; Structural Balance
BROOKS AND BUTTERFIELD THE DAY SPA 140 Main St., 2nd Floor, Northampton, MA 01060 (413) 586-0366; www.brooksandbutterfield.com	Shannon Fleury	Skin care treatments; massage therapies; men's services; hand treatments; manicure; pedicure; express services; full-body treatments; hair removal; makeup; bridal preparation; spa packages; spray tanning	Jane Iredale; GM Collin; Biotone; Suki Skin Care
CANYON RANCH 165 Kemble St., Lenox, MA 01240 (413) 637-4100; www.canyonranch.com	N/A	Classic massages; Asian therapies; advanced restorative touch therapies; Ayurvedic body treatments; hydrating and soothing body scrubs and wraps; facials; complete salon services, including manicures, pedicures, makeup, hair styling	N/A
COSMETIC AND WELLNESS CENTER 57 Mulberry St., Springfield, MA ZIP CODE???: (413) 391-3839 488 Newton St., South Hadley, MA 01075; (413) 532-9092 www.cosmeticandwellnesscenter.com	Dr. Claudia Martorell	Laser hair removal; spider veins; facial anti-aging; pigment reduction; laser liposuction; body sculpting; cellulite reduction; tattoo removal; keloid removal; botox; Radiesse; Sculptra; Juvederm; Dysport; sclerotherapy; acupuncture; laser chemical peel; stretch mark reduction; cosmetic products	Jan Marini
CRANWELL RESORT, SPA & GOLF CLUB 55 Lee Road, Lenox, MA 01240 (800) 272-6935; www.cranwell.com	Burack Investment Partners	More than 50 services including massage; facial; body wraps; baths and salon services; personal training; fitness center; indoor pool; swim lessons	Moroccan Oil; Declor; Carita; OPI; Shellac Hybrid Color; Jane Iredale Mineral Cosmetics; Sojourn
DIGRIGOLI SALONS 1578 Riverdale St., West Springfield, MA 01089 (413) 827-8888; www.digrigoli.com	Paul DiGrigoli	Hair cutting (including blow-dry and style) for women, men, and children; color and highlights; permanent waves; relaxers; formal up-dos; deep conditioning treatments; facial waxing; manicures and pedicures	Redken; Rusk; TIGI Bed Head
ELEMENTS THERAPEUTIC MASSAGE 80 Center Square, East Longmeadow, MA 01028 (413) 525-4456; www.elementsmassage.com	John Pantera	Therapeutic massage for relaxation and fibromyalgia	Bon Vital
SPA EUROPA SALON AND WELLNESS CENTER 60 Shaker Road, East Longmeadow, MA 01028 (413) 525-0103; www.spaeuropasalon.com	Theresa Tranghese	Cut, style, and color for hair; massages; facials; waxing; sunless tanning; manicures; pedicures; wellness coach and programs	Paul Mitchell; Glymed; OPI
FACE TO NAILS ETC. 600 Springfield St., Chicopee, MA 01013 (413) 594-8563; www.facetonails.com	Francine Kumiega James Kumiega	Massage therapy; facials; makeup; microdermabrasion; body treatments; hot-stone massage; reflexology; hand and foot treatments; nail services including acrylics; hair styling and color; men's services; hair removal	Kuma (a Face to Nails exclusive); Pureology; Goldwell; KMS; Redken
LA DERMIQUE SKIN REJUVENATION AND BODY CONTOURING CENTER 1154 Springfield St., Feeding Hills, MA 01030 (413) 786-3376; www.ladermique.com	Dr. Stanley Swierzewski III	Advanced, FDA-approved, non-invasive, minimally invasive, and surgical aesthetic procedures; laser hair removal; laser skin rejuvenation; laser vein therapy; laser fat reduction; laser cellulite treatments; injectable Botox and fillers; permanent makeup; Laser tattoo removal	Skin Medica; Glow Minerals; Epiquin Micro; Clarisonic
OCHOA DAY SPA 15 College St., South Hadley, MA 01075; (413) 533-0000 653 N. Main St., East Longmeadow, MA 01028; (413) 737-2500 www.ochoadayspa.com	Margaret Ochoa	Massage therapies; hand and foot treatments; hydrotherapy; esthetic treatments; full-body therapy; body wraps; cosmetics; hair removal	Phytomere; Dr. Hauschka; Pevonia
OKSANA SALON & SPA 702 Bliss Road, Longmeadow, MA 01106 (413) 565-2244; www.oksanasalonspa.com	Oksana Villeneuve	Design cuts; custom hair color; eyelash extensions; airbrush tanning; massage therapy; facials; clinical-grade peels; hair removal; threading; nail treatments; spa packages; body treatments; private bridal suite	Aveda; Great Lengths; Oribe; Deva Curl; Young Blood; Glymed; Goldwell; OPI; Footlogix; Xtreme Eyelash Extensions
PUFFER'S SALON AND DAY SPA 56 Southwick Road, Westfield, MA 01085 (413) 568-9000; www.puffersalon.com	Judy Puffer	Skin esthetics; massage and body treatments; nail and foot care; hair care; waxing; makeup; spa packages	Aveda
SERENITY SALON & SPA 474 Burnett Road, Chicopee, MA 01020 (413) 594-2119; www.serenitychicopee.com	Laurie Kareta	Facials; waxing; hair; massage; manicure; pedicure; Reiki, ear coning	Dermalogica; Pureology; Jane Iredale
SPA ON THE GREEN 776 Longmeadow St., Longmeadow, MA 01106 (413) 565-2405; www.spaonthegreen.com	Dr. Glen Brooks	Medical-grade skin-care treatments; hair removal	Jane Iredale; Brooks Skin MD; Nia 24
SYZYGY THE MEDICAL SPA 61 Locust St., Suite 2, Northampton, MA 01060 (413) 587-0600; www.truswellplasticsurg.com	Dr. William Truswell	Laser hair removal; microdermabrasion; light chemical peel treatments; anti-aging rejuvenation treatments; advanced skin-care packages	SkinMedica; Jane Iredale; Pevonia Botanica; Physician's Choice of Arizona
TTRENDS 509 Belmont Ave., Springfield, MA 01108 (413) 737-3721; www.ttrendssalon.com	Teresa Fernandes Trudy Fernandes	Haircut and color; special occasion up-dos; nail service; massage; skin care; waxing	Aveda