

SENIOR LIVING OPTIONS

RANKED BY NUMBER OF UNITS

This listing is sponsored by
KEYSTONE WOODS AND KEYSTONE COMMONS
www.keystonesenior.com

	FACILITY	NO. OF UNITS	LEVELS OF CARE	SERVICES	CHIEF ADMIN.
1	KIMBALL FARMS LIFE CARE RETIREMENT COMMUNITY 235 Walker St., Lenox, MA 01240 (413) 637-7000; www.kimballfarms.org	298	Independent and Assisted Living Skilled Nursing Memory-impaired Units	90% refundable entrance fee and monthly service fee covering four levels of care; all utilities; full-service dining room; Pleasant Pheasant Pub and Lounge; housekeeping; laundry; transportation; emergency response; activities; wellness clinic; fitness center; yoga; community care nurses and program	Albert Ingegna III
2	LOOMIS LAKESIDE AT REEDS LANDING 807 Wilbraham Road, Springfield, MA 01109 (413) 782-1800; www.loomiscommunities.org	218	Independent and Assisted Living Skilled Nursing	Continuing-care community on East Campus of Springfield College; full dining service; on-site restaurant and café; wellness center with trainer and physician's office; housekeeping, laundry; cultural and educational activities; transportation; emergency response; convenience store; branch bank	Nancy Godbout
3	KEYSTONE WOODS 936 & 942 Grayson Dr., Springfield, MA 01119 (413) 426-9868; www.keystone-woods.com	188	Independent and Assisted Living Memory-impaired Units	One meal per day w/ full kitchens (independent living); three meals and 90 minutes personal care per day (assisted living); all utilities/cable (excluding phone); biweekly housekeeping; free laundry facilities; 24-hour staffing; transportation; 7-day activity and wellness programs; emergency response system; barber/beauty salon; theater; fitness center	Laurie Waddell
4	THE AMERICAN INN One Sawmill Park, Southwick, MA 01077 (413) 569-1215; www.americaninn-sawmillpark.com	186	Independent Cottages Independent Apartments Assisted Living	Meal plans; housekeeping; laundry; all utilities (excluding cottages); cable included in all apartments; 24-hour security; emergency response; indoor pool; beauty salon; wellness center; transportation; activities for entire community	Deborah McCann
5	LOOMIS HOUSE 298 Jarvis Ave., Holyoke, MA 01040 (413) 538-7551; www.loomiscommunities.org	171	Independent and Assisted Living Skilled Nursing	Continuing-care community; full dining service; housekeeping; cultural and educational activities; transportation; emergency response; convenience store	Lori Todd
6	LOOMIS VILLAGE 246 North Main St., South Hadley, MA 01075 (413) 532-5325; www.loomiscommunities.org	159	Independent and Assisted Living	Continuing-care community; full dining service; on-site restaurant and café, wellness center; indoor pool; housekeeping; cultural and educational activities; transportation; emergency response; convenience store	Patrick Laskey
7	GLENMEADOW 24 Tabor Crossing, Longmeadow, MA 01106 (413) 567-7800; www.glenmeadow.org	147	Independent and Assisted Living	Housekeeping; laundry; utilities; transportation; indoor pool; fitness room; covered parking; \$400/month meal credit for independent living; security; emergency response; assisted living; meals included and one hour nursing care daily; Glenmeadow at Home program	Timothy Cotz
8	BLUEBIRD ESTATES 1 Apple Blossom Lane, East Longmeadow, MA 01028 (413) 566-7040; www.holidaytouch.com	132	Independent Retirement Living	Three meals daily; housekeeping/linen service; utilities included; transportation; on-site live-in managers; month-to-month lease; hair salon; pets welcome; Share Care private home care; exclusive travel program	Macil Stang
9	DEVONSHIRE ESTATES 329 Pittsfield Road, Lenox, MA 01240 (413) 637-1700; www.holidaytouch.com	128	Independent Living	Three meals per day; weekly housekeeping; activities; linens and towels; maintenance; transportation	Paul Rapazzo
10	EPOCH ASSISTED LIVING AT MELBOURNE 140 Melbourne Road, Pittsfield, MA 01201 (413) 499-1992; www.epochsl.com	126	Assisted Living Memory Loss	Three meals daily; housekeeping/linen service; transportation; activities; fitness center and instructor; beauty salon; cable TV; AC; 24-hour healthcare coverage; wellness programs; pets allowed; emergency response system; Bridges program for residents with severe memory impairment	Diane Weinstein
11	ARMBROOK VILLAGE 551 North Road, Westfield, MA 01085 (413) 568-0000; www.armbrookvillage.com	122	Independent and Assisted Living Memory Care	Fine dining, full kitchen, washer/dryer (independent living); personal care, medication management, on-site wellness nurse (assisted living); state-of-the-art memory-support neighborhood; fitness center, theater, salon, pub, putting green; housekeeping and linen services; transportation; EnrichedLIFE programs; no buy-in	Beth Cardillo
12	QUAIL RUN ESTATES 50 Cardinal Dr., Agawam, MA 01001 (413) 786-9688; www.holidaytouch.com	121	Independent Living	Three meals daily; housekeeping; linens and laundry; paid utilities; barber/beauty shop; 24-hour security; four resident managers; transportation; no buy-in fees or leases; studio; one- and two-bedroom apartments; cottages and garden suites	Bob Guerette
13	LATHROP COMMUNITIES 100 Bassett Brook Dr., Easthampton, MA 01027 (413) 586-0006; www.lathrop.kendal.org	120	Independent Living Support Services Program	An affiliate of the Kendal Corp.; activities; security; transportation; emergency response; the Inn at Easthampton provides main meal of the day; weekly housekeeping; 24-hour security; wellness center; RN and LPN; transportation; weekly in-house programs	Debra Parry (Interim)
13	PROVIDENCE PLACE 5 Gamelin St., Holyoke, MA 01040 (413) 534-9700; www.providenceplace.org	120	Independent Living	Rental apartments with full kitchens; included utilities; restaurant-style dining; transportation; programs; tai chi; yoga; swimming pool; daily Mass in chapel; park-like setting; 24/7 staffing; not-for-profit; no buy-in fees	Richard Pelland
15	HERITAGE WOODS 462 Main St., Agawam, MA 01001 (413) 786-9704; www.geneshcc.com	112	Assisted Living	Three meals daily; one hour of personal care per day; medication reminders; housekeeping; transportation; utilities; activities; wellness program; Eden Alternative Community; Step Two Quality Award	Theresa Bollea
16	LANDMARK AT MONASTERY HEIGHTS 110 Monastery Ave., West Springfield, MA 01089 (413) 781-1282; www.landmarkseniorliving.com	105	Independent and Assisted Living Memory-impaired Units	Three meals daily; housekeeping/linen service; transportation; activities; social programs; medication assistance; emergency response; memory-impairment neighborhood assistance	Stacey Crerar
17	APPLEWOOD AT AMHERST One Spencer Dr., Amherst, MA 01002 (413) 253-9833; www.loomiscommunities.org	103	Independent Living	Continuing-care community; full dining service; wellness center; housekeeping; resident-run cultural/educational activities; transportation; emergency response; convenience store	Robert Clafin

Continued

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18	KEYSTONE COMMONS 460 West St., Ludlow, MA 01056 (413) 583-6611; www.keystonesenior.com	100	Independent and Assisted Living Memory-impaired Units	One meal per day, full kitchens, washers/dryers (independent living); three meals daily, 90 minutes personal care per day (assisted living); all utilities/cable; weekly housekeeping; laundry facilities; 24-hour staffing; transportation; 7-day activity and wellness programs; emergency-response system; barber/beauty salon; pub; theater; fitness center	Christine Dinault
19	ROCKRIDGE RETIREMENT COMMUNITY 25 and 37 Coles Meadow Road Northampton, MA 01060 (413) 586-2902; www.nedeaconess.com/rockridge	99	Independent and Assisted Living Gardens Neighborhood for Memory Support Level IV Rest Home	Apartments, cottages, private suites, and a memory-support neighborhood available; full dining service; wellness center; housekeeping; linen service; transportation; full arts schedule; emergency-response system; continence management; personal-care assistance; not-for-profit community	Beth Vettori
20	THE ARBORS AT CHICOPEE 929 Memorial Dr., Chicopee, MA 01020 (413) 593-0088; www.arborsassistedliving.com	90	Assisted Living Memory-impaired Units	Three meals daily; housekeeping; personal care; medication management; activities; recreational programs	Sara Robertson
20	THE ARBORS AT WESTFIELD 40 Court St., Westfield, MA 01085 (413) 562-0001; www.arborsassistedliving.com	90	Assisted Living Memory-impaired Units	Three meals daily; housekeeping; personal care; medication management; activities; recreational programs	Lisa Holt
20	MASON WRIGHT RETIREMENT COMMUNITY 74 Walnut St., Springfield, MA 01105 (413) 733-1517; www.masonwright.org	90	Assisted Living Memory-impaired Units	MassHealth accepted; three meals daily; personal care; medication management; recreational programs; offering GAFC and SCO programs; managed by the Arbors	Amie Hanrahan
23	ST. LUKE'S REST HOME 85 Spring St., Springfield, MA 01105 (413) 736-5494; www.mercycares.com	89	Level IV Residential Care	Three meals daily; assistance with daily living; support services; housekeeping; linen service; activities; nursing care; respite care; pastoral care	Barbara Tadeo
24	LATHROP RETIREMENT COMMUNITIES 1 Shallow Brook Dr., Northampton, MA 01060 (413) 582-1825; www.lathrop.kendal.org	79	Independent Living with a Program of Support Services	An affiliate of the Kendal Corp.; activities; security; transportation; emergency response; the Inn at Easthampton provides main meal of the day; weekly housekeeping; 24-hour security, wellness center; full-time nurse practitioner and LPN; transportation; weekly in-house programs	Debra Parry (Interim)
25	THE ARBORS AT AMHERST 130 University Dr., Amherst, MA 01002 (413) 548-6800; www.arborsassistedliving.com	78	Assisted Living Memory-impaired Units	Three meals daily; housekeeping; personal care; medication management; activities and recreational programs	Karen Walter Zucco
26	THE ARBORS AT GREENFIELD 15 Meridian St., Greenfield, MA 01301 (413) 774-4400; www.arborsassistedliving.com	76	Assisted Living Memory-impaired Units	Three meals daily; housekeeping; personal care; medication management; activities and recreational programs	Donna Bigelow
26	RUTH'S HOUSE 780 Converse St., Longmeadow, MA 01106 (413) 567-6212; www.jewishgeriatric.org	76	Assisted Living Early Alzheimer's	Full-service dining; 24-hour kitchen; activities; transportation; emergency response; wellness nurse; wellness program/telemedicine; salon; personal care; Posit Science (brain fitness); medication management; housekeeping; laundry; Garden neighborhood for memory impairment; respite care; a program of Jewish Geriatric Services	Kevin Murray
28	EAST VILLAGE PLACE 50 Benton Dr., East Longmeadow, MA 01028 (413) 525-8150; www.eastvillageplace.com	68	Assisted Living 2 Levels of Memory Care	Three meals daily; individualized care plans; housekeeping; transportation; full calendar of events including regular classes offered through Watermark University stimulating body, mind, and spirit; specializing in all stages of Alzheimer's and dementia; respite and day club	Pam Skiba
29	ORCHARD VALLEY AT WILBRAHAM 2387 Boston Road, Wilbraham, MA 01095 (413) 596-0006; www.benchmarkquality.com	66	Assisted Living Traditional and Memory-impaired	Three meals daily; 24/7 on-site supervision; personalized care; wellness consultant; social, cultural, educational activities; transportation; adult day stay; respite care	Kelly Sostre
30	THE GARDENS OF WILBRAHAM 2301 Boston Road, Wilbraham, MA 01095 (413) 596-5322; www.thegardensofwilbraham.com	65	Independent Retirement Living	Energy-efficient one- and two-bedroom homes; attached one- or two-car garage; design and amenity options; 24-hour staffing; Clubhouse with outdoor pool, indoor spa, fitness and wellness center; on-site nurse offering health screenings and education; library; trash and snow removal; maintenance; lawn care; Great Room for catered events and activities; 200 units total in future	Jack Galanek
31	BEAVEN KELLY HOME 25 Brightside Dr., Holyoke, MA 01040 (413) 532-4892; www.mercycares.com	55	Assisted and Independent Living	Three meals daily; assistance with daily living; support services; housekeeping; linen service; activities; nursing care; respite care; pastoral care	Lori Naumowicz
32	THE ATRIUM AT CARDINAL DRIVE 153 Cardinal Dr., Agawam, MA 01001 (413) 821-9911; www.benchmarkquality.com	44	Assisted Living for Memory-impaired	Three meals daily; daily living services; activities; laundry; housekeeping; medication management; specializing in memory impairment	Cathy Ballini
32	CAMERON HOUSE 109 Housatonic St., Lenox, MA 01240 (413) 637-3100; www.hallkeen.com	44	Assisted Living	Dining services; private apartments; country kitchen; activities lounge; meeting areas; personal care	Michael Mahoney
34	SARAWOOD ASSISTED LIVING One Loomis Ave., Holyoke, MA 01040 (413) 532-7879; www.sarawood.net	28	Assisted Living	Three meals daily; 35 minutes of personal care per day; 24-hour staffing; all utilities; housekeeping and linen service; hairdressing; laundry; cable; activities; emergency-response system	Bill Lyons