

# DAY SPAS

LISTED ALPHABETICALLY

COMPANY	OWNER	SERVICES	PREFERRED PRODUCT LINE
<b>ABUNDANT WELLNESS CENTER</b> 94 Chicopee St., Chicopee, MA 01013 (413) 592-2828; www.abundantwellness.net	Debee Boulanger	Acupuncture and oriental medicine; couples massages; reflexology; Reiki; deep tissue/injury rehabilitation; emotional-freedom technique; hot-stone massage; yoga; therapeutic massage; nutritional consultants; Tai Chi and qigong	Natural Vitality; metaphysical gift shop; essential oils; healing crystals
<b>BELLUCCI SALON</b> 673 White St., Springfield, MA 01108 (413) 782-8056; www.belluccisaloon.com	Maria Serra	Organic luxury facials; total nail care; customized color and hair cutting; makeup, salon, and spa packages; all stylists American Board certified	Eminence; Jane Iredale; Soma; Tri
<b>BROOKS AND BUTTERFIELD THE DAY SPA</b> 140 Main St., 2nd Floor, Northampton, MA 01060 (413) 586-0366; www.brooksandbutterfield.com	Shannon Fleury	Skin care treatments; massage therapies; men's services; hand treatments; manicure; pedicure; express services; full-body treatments; hair removal; makeup; bridal preparation; spa packages; spray tanning	Jane Iredale; GM Collin; Biotone; Suki Skin Care
<b>CANYON RANCH</b> 165 Kemble St., Lenox, MA 01240 (413) 637-4100; www.canyonranch.com	ZC Management, LLC	Classic massages; Asian therapies; advanced restorative touch therapies; Ayurvedic body treatments; hydrating and soothing body scrubs and wraps; facials; complete salon services, including manicures, pedicures, makeup, hair styling	N/A
<b>CHERYL NINA SALON &amp; DAY SPA</b> 35 University Dr., Amherst, MA 01002 (413) 256-4557; www.cherylninasalon.com	Cheryl Nina	Hair styling; hair coloring; manicures; paraffin hand and foot treatments; waxing; facials; aromatherapy massage; reflexology	Redken; Paul Mitchell; Joico Milk Shake; CND Shellac; Jane Iredale; Glymed Plus; OPI; Fairy Tales Haircare
<b>COSMETIC AND WELLNESS CENTER</b> 2085 Riverdale St. West Springfield, MA 01089 (413) 650-7546; www.cosmeticwellnesscenter.com	Dr. Roberto Salva-Otero	Laser hair removal; spider veins; facial anti-aging; pigment reduction; laser liposuction; body sculpting; cellulite reduction; tattoo removal; keloid removal; botox; Radiesse; Sculptra; Juvederm; Dysport; sclerotherapy; acupuncture; laser chemical peel; stretch mark reduction; cosmetic products	Jan Marini
<b>CRANWELL RESORT, SPA &amp; GOLF CLUB</b> 55 Lee Road, Lenox, MA 01240 (800) 272-6935; www.cranwell.com	Burack Investment Partners	More than 50 services including massage; facial; body wraps; baths and salon services; personal training; fitness center; indoor pool; swim lessons	Moroccan Oil; Decleor; Carita; OPI; Shellac Hybrid Color; Jane Iredale Mineral Cosmetics; Sojourn
<b>DIGRIGOLI SALONS</b> 1578 Riverdale St., West Springfield, MA 01089 (413) 827-8888; www.digrigoli.com	Paul DiGrigoli	Hair cutting (including blow-dry and style) for women, men, and children; color and highlights; permanent waves; relaxers; formal up-dos; deep conditioning treatments; facial waxing; manicures	Redken; Rusk; TIGI Bed Head
<b>ELEMENTS HOT TUB SPA</b> 373 Main St., Amherst, MA 01002 (413) 256-8827; www.elementshothtubspa.com	Jeff and Diana Krauth	State-of-the-art private hot tubs, infrared saunas, aromatherapy steam room, individual and couples massage, advanced therapeutic bodywork modalities, natural facials, and spa services	France Laure Natural Care
<b>ELEMENTS THERAPEUTIC MASSAGE</b> 80 Center Square, East Longmeadow, MA 01028 (413) 525-4456; www.elementsmassage.com/eastlongmeadow	John Pantera	Therapeutic massage for relaxation and fibromyalgia	Bon Vital
<b>ELLE DAY SPA AT CROWNE PLAZA</b> One West St., Pittsfield, MA 01201 (413) 445-5600; www.elledayspa.com	Michelle McGuire	Acupuncture; body treatments and wraps; electrolysis; eyelash extensions; facials and facial peels; makeup applications and lessons; manicures and pedicures; shellac manicures; reflexology; spray tanning; waxing	Pevonia; Jane Iredale
<b>FACE TO NAILS ETC.</b> 600 Springfield St., Chicopee, MA 01013 (413) 594-8563; www.facetonails.com	Francine Kumiega James Kumiega	Massage therapy; facials; makeup; microdermabrasion; body treatments; hot-stone massage; reflexology; hand and foot treatments; nail services including acrylics; hair styling and color; men's services; hair removal	Kuma (a Face to Nails exclusive); Pureology; Goldwell; KMS; Redken
<b>LA DERMIQUE SKIN REJUVENATION AND BODY CONTOURING CENTER</b> 1154 Springfield St., Feeding Hills, MA 01030 (413) 786-3376; www.ladermique.com	Dr. Stanley Swierzewski III	Advanced, FDA-approved, non-invasive, minimally invasive, and surgical aesthetic procedures; laser hair removal; laser skin rejuvenation; laser vein therapy; laser fat reduction; laser cellulite treatments; injectable Botox and fillers; laser tattoo removal	Skin Medica; Glow Minerals; Epiquin Micro; Clarisonic
<b>MIND, BODY, SKIN</b> 117 River St., West Springfield, MA 01089 (413) 734-7470; www.mindbodyandskin.com	Jenna Pruitte	Customized mind, body, and skin-care spa services for both men and women, including body wraps and body treatments; facials; massages; waxing; nail treatments; makeup; full spa packages available	Pevonia
<b>OCHOA DAY SPA</b> 15 College St., South Hadley, MA 01075; (413) 533-0000 653 North Main St., East Longmeadow, MA 01028 (413) 737-2500; www.ochoadayspa.com	Margaret Ochoa	Massage therapies; hand and foot treatments; hydrotherapy; esthetic treatments; full-body therapy; body wraps; cosmetics; hair removal	Phytomer; Dr. Hauschka; Pevonia
<b>OKSANA SALON &amp; SPA</b> 702 Bliss Road, Longmeadow, MA 01106 (413) 565-2244; www.oksanasalonspa.com	Oksana Villeneuve	Design cuts; custom hair color; eyelash extensions; airbrush tanning; massage therapy; facials; clinical-grade peels; hair removal; threading; nail treatments; spa packages; body treatments; private bridal suite	Aveda; Great Lengths; Oribe; Deva Curl; Essie; Glymed; Goldwell; OPI; Footlogix; Xtreme Eyelash Extensions
<b>PUFFER'S SALON AND DAY SPA</b> 56 Southwick Road, Westfield, MA 01085 (413) 568-9000; www.puffersalon.com	Judy Puffer	Skin esthetics; massage and body treatments; hand and foot care; hair care; waxing; makeup; spa packages; bridal; men's services	Aveda
<b>RENEW.CALM</b> 160 Baldwin St., West Springfield, MA 01089 (413) 737-6223; renewcalm.com	Dawn Nooney	Advanced skin care; body treatments; nail services; therapeutic massages; yoga; hair removal; makeup; lashes	Jane Iredale; Methode Physiadermie; Cellex C; St. Tropez; ZENTS; Biotone Spa; Activaderme Nutrients; O.P.I. Nail Lacquer; Blinc's Kiss Me Mascara
<b>SERENE SALON &amp; SPA</b> 1 Open Square Way, Holyoke, MA 01040 (413) 322-9799; www.serene-salon.com	Michelle Menard	Hair cutting/styling; hair coloring; botanical hair and scalp renewal; special-occasion up-dos; Hotheads hair extensions; massages; manicures; pedicures; waxing treatments; makeup and facials	Aveda
<b>SERENITY SALON &amp; SPA</b> 474 Burnett Road, Chicopee, MA 01020 (413) 594-2119; www.serenitychicopee.com	Laurie Kareta	Facials; waxing; hair; massage; manicure; pedicure; Reiki; ear coning	Dermalogica; Pureology; Jane Iredale
<b>SKIN CATERING</b> 1500 Main St., 2nd Floor, Springfield, MA 01115; (413) 282-8772 491 Granby Road, South Hadley, MA 01075 (413) 539-0793; www.skincatering.com	Leanne Sedlak	Massage; facials; waxing; spray tan; mobile massage and mobile tanning available; in-home couples massage; usui body treatment; yoga	SkinCatering
<b>SPA ON THE GREEN</b> 776 Longmeadow St., Longmeadow, MA 01106 (413) 565-2405; www.spaonthegreen.com	Dr. Glen Brooks	Medical-grade skin-care treatments; laser hair removal; waxing; peels	Jane Iredale; Brooks Skin MD; Nia 24
<b>SYZYGY THE MEDICAL SPA</b> 61 Locust St., Suite 2, Northampton, MA 01060 (413) 587-0600; www.truswellplasticsurg.com	Dr. William Truswell	Laser hair removal; microdermabrasion; light chemical peel treatments; anti-aging rejuvenation treatments; advanced skin-care packages	SkinMedica; Jane Iredale; Pevonia Botanica; PCA Skin
<b>TRANQUILITY DAY SPA &amp; SALON</b> 40 Main St., Florence, MA 01062 (413) 548-0353; www.tranquility-day-spa-salon.com	Lynn LaFountain	Hair cutting/styling; hair coloring; special occasion up-dos; medical-grade skincare treatments; facials and makeup; manicures; pedicures; body treatments; massages; wraps; botanical hair and scalp treatments; skin care; facials; skin-brightening makeup; hair removal; manicures; Reiki	L'Oreal Professional; Surface; Matrix; L'Oreal Inoa Color; Redken Color; Jane Iredale; PCA; Nerium AD brand partner; OPI; Essie