

# PHYSICAL THERAPY OUTPATIENT FACILITIES

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| PROVIDER                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | ADMINISTRATOR                                | SERVICES                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
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| <b>ACTION PHYSICAL THERAPY AND REHABILITATION</b><br>870 Main St., Springfield, MA 01103; (413) 734-7277                                                                                                                                                                                                                                                                                                                                                                                                            | Becky Maslar                                 | Physical therapy for auto accidents and sports injuries; orthopedic specialists; transportation available; bilingual services (Spanish, Russian)                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>ACTIVE PHYSICAL THERAPY &amp; WELLNESS, LLC</b><br>2301 Boston Road, Wilbraham, MA 01095<br>(413) 596-5362; www.activeptw.com                                                                                                                                                                                                                                                                                                                                                                                    | Patricia O'Brien                             | Outpatient clinic offering individualized manual therapy treatment for neck and back pain, sports injuries, post-surgery, arthritis, shoulder and knee problems; private treatment rooms; fitness center                                                                                                                                                                                                                                                                                                                                                             |
| <b>AEGIS PHYSICAL THERAPY AND CHIROPRACTIC</b><br>241 Russell St., Hadley, MA 01035; (413) 586-5552<br>www.aegisphysicaltherapy@verizon.com                                                                                                                                                                                                                                                                                                                                                                         | Lisa Sanderson<br>MS,PT                      | Sports and orthopedic physical therapy, 1500 Sq. foot open gym, sports training and conditioning, joint replacement rehab, experienced staff, manual treatment, ACL jump program, chiropractic care and massage services                                                                                                                                                                                                                                                                                                                                             |
| <b>ATTAIN THERAPY &amp; FITNESS</b><br>25 Bridge St., Belchertown, MA 01007; (413) 323-1020<br>300 Birnie Ave., Springfield, MA 01107; (413) 781-1054<br>124 Myron St., West Springfield, MA 01089; (413) 781-7538<br>168 Denslow Road, East Longmeadow, MA 01028; (413) 526-9924<br>84 Willimansett St., South Hadley, MA 01075; (413) 533-8501<br>65 Springfield Road, Westfield, MA 01085; (413) 588-1388<br>70 Post Office Park, Suite 7007, Wilbraham, MA 01095; (413) 279-1435<br>www.ataintherapyfitness.com | Jim Biron<br>Terry Ditmar<br>MaryLynn Jacobs | Orthopedic physical therapy; hand and elbow therapy; balance/vestibular rehabilitation; functional capacity evaluations; Graston technique; instrument-assisted soft tissue mobilization; Kinesio taping; elastic therapeutic taping; custom splinting; orthosis fabrication; ART (active release technique); manual therapies; medically oriented programs include Bridge Program, Therapy to Fitness, diabetic health and exercise, osteoporosis program, fall prevention, adult fitness, senior fitness, varsity preparation                                      |
| <b>BAYSTATE FRANKLIN MEDICAL CENTER</b><br>164 High St., Greenfield, MA 01301; (413) 773-0211<br>www.baystatehealth.org/bfmc                                                                                                                                                                                                                                                                                                                                                                                        | Jeffrey King                                 | Sports medicine; spine rehabilitation; aquatics; lymphedema; hand injury; balance disorders; swallowing disorders; aural habilitation; occupational, physical, speech, and language therapy; audiology; a member of Baystate Health                                                                                                                                                                                                                                                                                                                                  |
| <b>BAYSTATE MARY LANE HOSPITAL</b><br>85 South St., Ware, MA 01082; (413) 967-6211<br>www.baystatehealth.org/bmlh                                                                                                                                                                                                                                                                                                                                                                                                   | Peter Ouellette                              | Outpatient orthopedic and sports rehabilitation with doctoral-level clinicians; two board-certified clinical specialists in orthopaedic physical therapy; board-certified hand therapist; complete hearing evaluations and hearing-aid dispensing serviced by licensed audiologists; recovery after illness or injury; speech/language/swallowing pathologist and audiologist; member of Baystate Health                                                                                                                                                             |
| <b>BAYSTATE REHABILITATION CARE</b><br>360 Birnie Ave., Springfield, MA 01107; (413) 794-1600<br>294 North Main St., East Longmeadow, MA 01028; (413) 526-9755<br>470 Granby Road, South Hadley, MA 01075; (413) 794-9920<br>200 Silver St., Suite 101, Agawam, MA 01001; (413) 794-3004<br>www.baystatehealth.org                                                                                                                                                                                                  | James Maloney                                | Adult physical/occupational therapy; speech/language pathology; audiology for all ages; vestibular rehab; pediatric services (at High Street location), including development clinics in conjunction with Baystate Children's Hospital                                                                                                                                                                                                                                                                                                                               |
| <b>BAYSTATE WING HOSPITAL</b><br>40 Wright St., Palmer, MA 01069; (413) 284-5254<br>www.baystatewinghospital.org                                                                                                                                                                                                                                                                                                                                                                                                    | Charles<br>Cavagnaro III                     | Hospital-based outpatient clinic offering occupational and hand therapy; physical therapy including orthopedic, sports, geriatric, and neurological programs                                                                                                                                                                                                                                                                                                                                                                                                         |
| <b>CAMPUS REHAB CLINIC AT STCC</b><br>One Armory Square, Suite 1, Springfield, MA 01105; (413) 755-4902<br>www.stcc.edu                                                                                                                                                                                                                                                                                                                                                                                             | Marianne Joyce                               | Physical and occupational therapy evaluations and treatment, as determined by Springfield Technical Community College evaluation process; eligibility determined by having no medical insurance coverage for PT/OT, or insurance services having been exhausted; licensed therapists (faculty) supervise STCC students in provision of all services; clinical faculty make referrals as necessary to the Massage Therapy Clinic at STCC                                                                                                                              |
| <b>CHIROPRACTIC ASSOCIATES OF NORTHAMPTON/STRENGTH FOR LIFE</b><br>116 Pleasant St., Suite 125, Easthampton, MA 01027; (413) 529-0700<br>41 Locust St., Northampton, MA 01060; (413) 586-4400<br>www.strengthforlife.biz                                                                                                                                                                                                                                                                                            | Josef Arnould                                | Cyber exercise therapy; guided strength training for adults and comprehensive chiropractic care                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>COOLEY DICKINSON REHAB SERVICES</b><br>30 Locust St., Northampton, MA 01060; (413) 582-2113<br>380 Russell St., Hadley, MA 01035; (413) 586-9333<br>Big Y Plaza/College Highway, Southampton, MA 01073; (413) 527-7970<br>58 Old North Road, Worthington, MA 01098; (413) 238-4419<br>21B Elm St., South Deerfield, MA 01373; (413) 665-7427<br>www.cooley-dickinson.org                                                                                                                                         | Stephen Murphy                               | Occupational, physical, speech and language therapy; pediatrics; psychiatry; neurologic disorders; work conditioning; orthopedics and podiatry; spine care; sports medicine; joint replacement; lymphedema; hand injury; bladder health; balance disorders; ergonomics; swallowing disorders; and aural habilitation                                                                                                                                                                                                                                                 |
| <b>FAMILY CARE PHYSICAL THERAPY</b><br>1515 Allen St., Springfield, MA 01118; (413) 782-3765<br>www.familycaremedicalcenter.org                                                                                                                                                                                                                                                                                                                                                                                     | Patricia Gallant                             | Physical therapy for work-related accidents and injuries; sports injuries; auto accidents; post-operative rehabilitation                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <b>HAMPSHIRE ORTHOPEDICS &amp; SPORTS MEDICINE</b><br>4 West St., West Hatfield, MA 01088; (413) 586-8200<br>65 Springfield Road, Westfield, MA 01085; (413) 572-4300<br>33 Riddell St., Greenfield, MA 01301; (413) 586-8200<br>35 Turkey Hill Road, Belchertown, MA 01007; (413) 323-7277<br>150 Infirmery Way, Amherst, MA 01003; (413) 586-8200<br>www.hampshireorthopedics.com                                                                                                                                 | Henry Drinker                                | Sports medicine; orthopedic trauma; physical therapy and rehabilitation services; joint-replacement center; pain management; spine care; hand and upper extremities                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>HEALTHSOUTH REHAB HOSPITAL OF WESTERN MASS.</b><br>222 State St., Ludlow, MA 01056; (413) 308-3300                                                                                                                                                                                                                                                                                                                                                                                                               | Victoria Healy                               | General rehabilitation; stroke recovery; brain and spinal cord injury; neurological disorders, including specialization in Parkinson's; multiple sclerosis; orthopedic arthritis; amputee; specialized technologies, including Auto Ambulator, Saebo Flex, and interactive metronome; physical therapy, occupational therapy, speech and language pathology; respiratory therapy; recreational therapy; rehabilitative nursing; TJC (The Joint Commission) certified in both stroke and pulmonary rehabilitation; comprehensive outpatient clinic on hospital campus |
| <b>FAIRLAWN REHABILITATION HOSPITAL</b><br>189 May St., Worcester, MA 01602; (508) 791-6351<br>www.healthsouth.com                                                                                                                                                                                                                                                                                                                                                                                                  |                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>HOLYOKE MEDICAL CENTER</b><br>575 Beech St., Holyoke, MA 01040; (413) 534-2500<br>www.holyokehealth.com                                                                                                                                                                                                                                                                                                                                                                                                          | Jeffrey Reed                                 | Physical, occupational, and speech/language therapy; audiology; cardiac and pulmonary rehabilitation; orthopedics; stroke rehabilitation; hand therapy, lymphedema therapy, vestibular rehabilitation; work injury and ergonomics; inpatient and outpatient rehabilitation                                                                                                                                                                                                                                                                                           |
| <b>MAPLEGATE REHAB INC.</b><br>4 Maple St., Springfield, MA 01103; (413) 781-8900<br>www.maplegaterehab.com                                                                                                                                                                                                                                                                                                                                                                                                         | Thomas Valentine                             | Personal injury specialists; staff includes medical and chiropractic physicians; physical rehab; chiropractic; acupuncture; massage therapy; hydrotherapy; motor-vehicle accidents; work-related injuries; slip and falls; other services available                                                                                                                                                                                                                                                                                                                  |

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| PROVIDER                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | ADMINISTRATOR                           | SERVICES                                                                                                                                                                                                                                                                                                                                                                       |
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| <b>MVA CENTER FOR REHABILITATION</b><br>300 Stafford St., Suite 360, Springfield, MA 01104; (413) 734-8440<br><a href="http://www.mvacenter.com">www.mvacenter.com</a>                                                                                                                                                                                                                                                                                                                        | Mitchell Clionsky                       | Medical care and physical therapy for auto accident injuries                                                                                                                                                                                                                                                                                                                   |
| <b>NEOS - NEW ENGLAND ORTHOPEDIC SURGEONS</b><br>300 Birnie Ave., Springfield, MA 01107; (413) 233-1270<br>275 Bicentennial Highway, Springfield, MA 01107; (413) 783-3237<br>50 Wason Ave., Springfield, MA 01107; (413) 785-4666<br><a href="http://www.neortho.com">www.neortho.com</a>                                                                                                                                                                                                    | Christopher Dugger                      | Skilled physical therapy and rehabilitation; works with patient's surgeon to maximize healing; certified PTs evaluate patients, design individual treatment plans, access patient progress, and supervise physical assistants and athletic trainers; sports medicine; hip and knee replacement; foot and ankle care; hand and wrist care; spine care; trauma and fracture care |
| <b>NOBLE HOSPITAL'S SPORTS &amp; REHABILITATION CENTER</b><br>76 Main St., Westfield, MA 01085; (413) 562-3522<br><a href="http://www.noblehospital.org">www.noblehospital.org</a>                                                                                                                                                                                                                                                                                                            | Shawneen Buckley                        | Outpatient rehabilitation for acute and chronic conditions including orthopedic injury, sports injury, industrial/auto injuries, neurologic illness/injury; services include physical and occupational therapy and speech-language-swallowing therapy                                                                                                                          |
| <b>NORTHAMPTON PHYSICAL THERAPY CLINIC INC.</b><br>17 New South St., Suite 102, Northampton, MA 01060; (413) 582-0005                                                                                                                                                                                                                                                                                                                                                                         | Linda Beaulieu                          | Specializing in manual therapy and sports medicine; orthopedic injuries; orthotic evaluation and fabrication; myofascial and trigger-point release                                                                                                                                                                                                                             |
| <b>NOVACARE PHYSICAL REHABILITATION</b><br>3550 Main St., Springfield, MA 01107; (413) 788-6195<br>2377 Boston Road, Wilbraham, MA 01095; (413) 596-2424<br>60 North Westfield St., Feeding Hills, MA 01030; (413) 786-8908<br>1160 Dickinson St., Springfield, MA 01108; (413) 737-6022<br>113 Elm St., Enfield, CT 06082; (413) 253-5196<br><a href="http://www.novacare.com">www.novacare.com</a>                                                                                          | Mark Gombotz                            | Physical therapy; occupational therapy; ACL prevention; post-surgical condition programs; low-back-pain programs; programs for athletes and motor-vehicle victims; hand therapy at East Main Street location                                                                                                                                                                   |
| <b>ORTHOPEDIC PHYSICAL THERAPY</b><br>306-A High St., Greenfield, MA 01301; (413) 773-3379<br><a href="http://www.optgreenfield.com">www.optgreenfield.com</a>                                                                                                                                                                                                                                                                                                                                | R. Jeffries Anderson<br>Elizabeth Dolby | Back and leg pain; sports injuries; shoulder and neck pain; headaches; post-surgical rehabilitation                                                                                                                                                                                                                                                                            |
| <b>ORTHOTICS &amp; PROSTHETICS LABORATORIES INC.</b><br>300 Birnie Ave., Suite 303, Springfield, MA 01107; (413) 737-2404<br>241 King St., Suite 108, Northampton, MA 01060; (413) 585-8622<br>700 North St., Suite 2, Pittsfield, MA 01201; (413) 442-0017<br>80 Maple Ave., Suite 2, Great Barrington, MA 01230; (413) 717-4240<br><a href="http://www.oplabs.com">www.oplabs.com</a>                                                                                                       | James Haas<br>Blaine Drysdale           | State-of-the-art prosthetics; custom and off-the-shelf orthotic devices; compression garments; diabetic footwear; fracture bracing; spinal bracing; sports bracing; mastectomy garments; hospital and home visits offered                                                                                                                                                      |
| <b>PHYSICIANS PLUS</b><br>80 Sumner Ave., Springfield, MA 01108; (413) 733-0404<br><a href="http://www.healthyspine.com">www.healthyspine.com</a>                                                                                                                                                                                                                                                                                                                                             | Patricia Langlitz                       | Physical therapy; massage therapy; medicine; chiropractic care                                                                                                                                                                                                                                                                                                                 |
| <b>PIONEER SPINE AND SPORTS PHYSICIANS</b><br>55 St. George Road, Springfield, MA 01104; (413) 747-7426<br>265 Benton Dr., East Longmeadow, MA 01028; (413) 525-7222<br>271 Park St., West Springfield, MA 01089; (413) 785-1153<br>766 North King St., Northampton, MA 01060; (413) 586-0230<br>55 Federal St., Greenfield, MA 01301; (413) 774-7979<br>55 Pittsfield Road, Bldg. 5, Unit B, Lenox, MA 01240; (413) 242-9115<br><a href="http://www.spinesports.com">www.spinesports.com</a> | Ronald Paasch<br>Scott Cooper           | Physician-driven comprehensive care of musculoskeletal, spinal, and sports related conditions; physical therapy located in most offices and is available by outside referral or as part of a multidisciplinary treatment program                                                                                                                                               |
| <b>PROEX PHYSICAL THERAPY</b><br>1150 Hall of Fame Ave., Springfield, MA 01105; (413) 241-8900<br><a href="http://www.proexpt.com">www.proexpt.com</a>                                                                                                                                                                                                                                                                                                                                        | Eric Kopp<br>Tina McDonald              | Specialization in all musculoskeletal injuries; general orthopedics; sports medicine; treatment of the spine; work-related injuries; early-morning and late-evening appointments available; providers for all major insurances as well as many private insurers, including workers' compensation and motor vehicle; initial evaluations can be booked within 24 to 48 hours    |
| <b>QUALITY MEDICAL AND PHYSICAL THERAPY</b><br>80 Congress St., Suite 101, Springfield, MA 01104; (413) 732-4002<br><a href="http://www.qualitymedicalpt.com">www.qualitymedicalpt.com</a>                                                                                                                                                                                                                                                                                                    | John Czuber                             | Personal injury; workers' compensation; slip and fall; physical therapy; multilingual medical and administrative staff speaks Spanish, Russian, Polish, Ukrainian, Moldavian, Romanian, Hindi, and Punjabi; access to translators for Italian, Portuguese, and Vietnamese; accepts most health insurance providers                                                             |
| <b>REHAB RESOLUTIONS INC.</b><br>1111 Elm St., Suite 9, West Springfield, MA 01089<br>627 College Highway, Suite 6, Southwick, MA 01077<br>(413) 736-2250 ; <a href="http://www.rehabresolutions.com">www.rehabresolutions.com</a>                                                                                                                                                                                                                                                            | Sofia Zanzarella                        | Physical therapy for functional rehabilitation and manual therapy; outpatient treatment of orthopedic injuries, industrial and auto injuries, and sports injuries; certified provider of active-release techniques of the spine, upper extremity, and lower extremity                                                                                                          |
| <b>RIVERBEND MEDICAL GROUP</b><br>230 Main St., Agawam, MA 01001; (413) 789-6800<br>305 Bicentennial Highway, Springfield, MA 01118; (413) 733-4101<br>444 Montgomery St., Chicopee, MA 01020; (413) 594-3111<br>395 Southampton Road, Westfield, MA 01085; (413) 533-2900<br>70 Post Office Park, Wilbraham, MA 01095; (413) 598-7770<br><a href="http://www.riverbendmedical.com">www.riverbendmedical.com</a>                                                                              | Robert Lounsbury                        | Physical therapy and rehabilitation specializing in manual therapy and Cybex exercise therapy; a total health facility                                                                                                                                                                                                                                                         |

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| PROVIDER                                                                                                                                                                                                                                             | ADMINISTRATOR                | SERVICES                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
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| <b>SYNERGY PHYSICAL THERAPY</b><br>39 Carlon Dr., Northampton, MA 01060; (413) 727-3315<br>www.synergyp413.com                                                                                                                                       | James Lyons<br>William Hogan | Outpatient physical therapy specializing in musculoskeletal injuries, neurological rehabilitation, sports-related injuries, and injury prevention; strong emphasis on manual therapy, functionally based exercise, and patient education                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>T.E.A.M REHAB &amp; WELLNESS</b><br>933 East Columbus Ave., Springfield, MA 01105; (413) 301-6019<br>753B Union St., West Springfield, MA 01089; (413) 209-9739<br>171 Pine St., Holyoke, MA 01040; (413) 437-7488;<br>www.teamrehab-wellness.com | Annmaria Elder               | Physical therapy; physiatry medical services and chiropractic care; aquatic therapy (Springfield & Holyoke locations); post-surgery rehabilitation; disc herniations; sports injuries; falls and injuries; vestibular rehabilitation; cortisone injections; kinesiology taping; geriatric treatment; weight loss and fitness program; recovery from automobile accidents, work related injuries, or medical examinations and treatment; accept health insurances including Medicare and MassHealth                                                                                                                                                                                                                                                    |
| <b>VIP PHYSICAL THERAPY</b><br>155 Union St., Springfield, MA 01105; (413) 732-6005<br>www.viprehabilitation.com                                                                                                                                     | Raghu Bajwa                  | Board-certified physiatrist on staff; auto-accident specialists; personal injury; transportation available; bilingual                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>WELDON REHABILITATION HOSPITAL AT MERCY MEDICAL CENTER</b><br>233 Carew St., Springfield, MA 01104; (413) 748-6880                                                                                                                                | Sharon Adams                 | Inpatient and outpatient rehabilitation facility; stroke; spinal-cord injury; brain injury; amputation; neurological disorders; orthopedic conditions; physical, occupational, speech, and recreational therapy; case management; lymphedema treatment; hand therapy; vestibular therapy; seating and positioning; modified barium swallow studies; voice therapy; outpatient rehabilitation includes day programs, children's therapy, pain management; driver assessments; services provided through the Mercy Hearing Center; Mercy Wellness Center and Weldon Physical Rehabilitation offer outpatient therapy and fitness through partnership between Mercy and Healthtrax Fitness & Wellness; member of the Sisters of Providence Health System |
| <b>MERCY WELLNESS CENTER AND WELDON PHYSICAL REHABILITATION AT HEALTHTRAX FITNESS &amp; WELLNESS</b><br>45 Crane Ave., East Longmeadow, MA 01028; (413) 525-7813<br>www.mercycares.com                                                               |                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <b>WESTERN MASS. PHYSICAL THERAPY, P.C.</b><br>290 First St., Pittsfield, MA 01201<br>(413)443-4246; www.wmpt.com                                                                                                                                    | Danielle Vittone             | Orthopedic physical therapy; neurological therapy; aquatic physical therapy; Balance for Life program (neurological evaluation and treatment with vestibular rehabilitation); massage                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>WILKERSON &amp; GOLDEN PHYSICAL THERAPY ASSOCIATES</b><br>7 Burnham St., Turners Falls, MA 01376; (413) 774-7988                                                                                                                                  | Eileen Golden                | General physical therapy; orthopedics; neurological dysfunction; neck and back evaluation and care                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |