

# PHYSICAL THERAPY OUTPATIENT FACILITIES

LISTED ALPHABETICALLY

PROVIDER	ADMINISTRATOR	SERVICES
<b>ACTION PHYSICAL THERAPY AND REHABILITATION</b> 870 Main St., Springfield, MA 01103 (413) 734-7277	Becky Maslar	Physical therapy for auto accidents and sports injuries; orthopedic specialists; transportation available; bilingual services (Spanish, Russian)
<b>ACTIVE PHYSICAL THERAPY &amp; WELLNESS, LLC</b> 2301 Boston Road, Wilbraham, MA 01095 (413) 596-5362; www.activeptw.com	Patricia O'Brien	Outpatient clinic offering individualized manual therapy treatment for neck and back pain, sports injuries, post-surgery, arthritis, shoulder and knee problems; private treatment rooms; fitness center
<b>AEGIS PHYSICAL THERAPY AND CHIROPRACTIC</b> 241 Russell St., Hadley, MA 01035 (413) 586-5552; www.aegisphysicaltherapy.com	Lisa Sanderson	Sports and orthopedic physical therapy; 1,500-square-foot open gym; sports training and conditioning; joint-replacement rehab; experienced staff; manual treatment; ACL jump program; chiropractic care; massage services
<b>ATTAIN THERAPY &amp; FITNESS</b> 25 Bridge St., Belchertown, MA 01007; (413) 323-1020 300 Birnie Ave., Springfield, MA 01107; (413) 781-1054 124 Myron St., West Springfield, MA 01089; (413) 781-7538 168 Denslow Road, East Longmeadow, MA 01028; (413) 526-9924 84 Willimansett St., South Hadley, MA 01075; (413) 533-8501 65 Springfield Road, Westfield, MA 01085; (413) 588-1388 70 Post Office Park, Suite 7007, Wilbraham, MA 01095; (413) 279-1435 www.attaintherapyfitness.com	Jim Biron Terry Ditmar MaryLynn Jacobs	Orthopedic physical therapy; hand and elbow therapy; balance/vestibular rehabilitation; functional-capacity evaluations; Graston technique; instrument-assisted soft-tissue mobilization; Kinesio taping; elastic therapeutic taping; custom splinting; orthosis fabrication; ART (active release technique); manual therapies; medically oriented programs include bridge program, therapy to fitness, diabetic health and exercise, osteoporosis program, fall prevention, adult fitness, senior fitness, varsity preparation
<b>BAYSTATE MARY LANE HOSPITAL</b> 85 South St., Ware, MA 01082 (413) 967-6211; www.baystatehealth.org/bmlh	Peter Ouellette	Outpatient orthopedic and sports rehabilitation with doctoral-level clinicians; two board-certified clinical specialists in orthopaedic physical therapy; board-certified hand therapist; complete hearing evaluations and hearing-aid dispensing serviced by licensed audiologists; recovery after illness or injury; speech/language/swallowing pathologist and audiologist; member of Baystate Health
<b>BAYSTATE NOBLE HOSPITAL SPORTS &amp; REHABILITATION CENTER</b> 76 Main St., Westfield, MA 01085; (413) 562-3522 www.baystatenoblehospital.org	Steve Cummings	Outpatient rehabilitation for acute and chronic conditions including orthopedic injuries, sports injuries, industrial/auto injuries, neurologic illness/injury, sprains and strains, motor-vehicle accidents, workplace injuries; physical and occupational therapy and speech-language-swallowing therapy; multi-disciplinary teams for complex diagnoses; post-surgical rehabilitation; free transportation from area towns available through Baystate Noble Hospital
<b>BAYSTATE REHABILITATION CARE</b> 200 Silver St., Suite 101, Agawam, MA 01001; (413) 794-3004 164 High St., Greenfield, MA 01301; (413) 773-0211 294 North Main St., East Longmeadow, MA 01028; (413) 794-1249 470 Granby Road, South Hadley, MA 01075; (413) 794-9920 360 Birnie Ave., Springfield, MA 01107; (413) 794-1600 85 South St., Ware, MA 01082; (413) 967-6211 76 Main St., Westfield, MA 01085; (413) 562-3522 www.baystatehealth.org/rehab	Jim Maloney (Agawam, East Longmeadow, South Hadley, Springfield) Jeffrey King (Greenfield) Peter Ouellette (Ware) Tracy Follansbee (Westfield)	Outpatient orthopedic care; sports-medicine rehabilitation; concussion; spine rehabilitation; vestibular and balance disorders; lymphedema; physical, occupational, speech, and language therapy; audiology; neurologic rehabilitation and pediatric services in Springfield location; hand injury, swallowing disorders, and aural habilitation in Greenfield location
<b>BAYSTATE WING HOSPITAL</b> 40 Wright St., Palmer, MA 01069 (413) 284-5254; www.baystatewinghospital.org	Charles Cavagnaro III	Hospital-based outpatient clinic offering occupational and hand therapy; physical therapy including orthopedic, sports, geriatric, and neurological programs
<b>CAMPUS REHAB CLINIC AT STCC</b> One Armory Square, Suite 1, Springfield, MA 01105 (413) 755-4902; www.stcc.edu	Marianne Joyce	Physical- and occupational-therapy evaluations and treatment, as determined by Springfield Technical Community College evaluation process; eligibility determined by having no medical insurance coverage for PT/OT, or insurance services having been exhausted; licensed therapists (faculty) supervise STCC students in provision of all services; clinical faculty make referrals as necessary to the Massage Therapy Clinic at STCC
<b>CHIROPRACTIC ASSOCIATES OF NORTHAMPTON/STRENGTH FOR LIFE</b> 116 Pleasant St., Suite 125, Easthampton, MA 01027; (413) 529-0700 41 Locust St., Northampton, MA 01060; (413) 586-4400 www.strengthforlife.biz	Josef Arnould	Cybox exercise therapy; guided strength training for adults and comprehensive chiropractic care
<b>COOLEY DICKINSON REHAB SERVICES</b> 30 Locust St., Northampton, MA 01060; (413) 582-2113 380 Russell St., Hadley, MA 01035; (413) 586-9333 Big Y Plaza/College Highway, Southampton, MA 01073; (413) 527-7970 58 Old North Road, Worthington, MA 01098; (413) 238-4419 21B Elm St., South Deerfield, MA 01373; (413) 665-7427 www.cooley-dickinson.org	Stephen Murphy	Occupational, physical, speech, and language therapy; pediatrics; psychiatry; neurologic disorders; work conditioning; orthopedics and podiatry; spine care; sports medicine; joint replacement; lymphedema; hand injury; bladder health; balance disorders; ergonomics; swallowing disorders; aural habilitation
<b>FAMILY CARE PHYSICAL THERAPY</b> 1515 Allen St., Springfield, MA 01118 (413) 782-3765; www.familycaremedicalcenter.org	Patricia Gallant	Physical therapy for work-related accidents and injuries; sports injuries; auto accidents; post-operative rehabilitation
<b>HAMPSHIRE ORTHOPEDICS &amp; SPORTS MEDICINE</b> 4 West St., West Hatfield, MA 01088; (413) 586-8200 65 Springfield Road, Westfield, MA 01085; (413) 572-4300 33 Riddell St., Greenfield, MA 01301; (413) 586-8200 35 Turkey Hill Road, Belchertown, MA 01007; (413) 323-7277 150 Infirmary Way, Amherst, MA 01003; (413) 586-8200 www.hampshireorthopedics.com	Henry Drinker	Sports medicine; orthopedic trauma; physical therapy and rehabilitation services; joint-replacement center; pain management; spine care; hand and upper extremities
<b>HEALTHSOUTH REHAB HOSPITAL OF WESTERN MASS.</b> 222 State St., Ludlow, MA 01056 (413) 308-3300	Victoria Healy	General rehabilitation; stroke recovery; brain and spinal-cord injury; neurological disorders, including specialization in Parkinson's; multiple sclerosis; orthopedic arthritis; amputee; specialized technologies, including Auto Ambulator, Saebo Flex, and interactive metronome; physical and occupational therapy; speech and language pathology; respiratory therapy; recreational therapy; rehabilitative nursing; Joint Commission-certified in both stroke and pulmonary rehabilitation; comprehensive outpatient clinic on hospital campus
<b>FAIRLAWN REHABILITATION HOSPITAL</b> 189 May St., Worcester, MA 01602 (508) 791-6351; www.healthsouth.com		
<b>HOLYOKE MEDICAL CENTER</b> 575 Beech St., Holyoke, MA 01040 (413) 534-2500; www.holyokehealth.com	Trisha Neill	Physical, occupational, and speech/language therapy; audiology; cardiac and pulmonary rehabilitation; orthopedics; stroke rehabilitation; hand therapy, lymphedema therapy; vestibular rehabilitation; work injury and ergonomics; inpatient and outpatient rehabilitation
<b>INTEGRATED ORTHOPEDIC PHYSICAL THERAPY, LLC</b> 334 College St., Amherst, MA 01002 (413) 992-2131; www.integratedorthopedicpt.com	Kathleen McCauley Joel Flecha	Pre- and post-surgical rehabilitation; vertigo/BPPV; concussion rehabilitation; joint-replacement treatment; sports-injury recovery; spine treatment: neck, thoracic, and lower back pain; chronic pain issues; shoulder rehabilitation; lower-extremity care: hip, knee, and foot/ankle; balance retraining; falls prevention

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PROVIDER	ADMINISTRATOR	SERVICES
<b>JGS LIFECARE REHABILITATION SERVICES</b> 770 Converse St., Longmeadow, MA 01106 (413) 567-6211; www.jgslifecare.org	Allison Gendron	Short-stay rehabilitation program provides services under direction of interdisciplinary team including physicians, nurses, physical and occupational therapists, speech and language pathologists, social workers, recreational therapists, consulting specialists, and dietitians, who work with patients and families to develop individualized plan of care
<b>MAPLEGATE REHAB INC.</b> 4 Maple St., Springfield, MA 01103 (413) 781-8900; www.maplegaterehab.com	Thomas Valentine	Personal-injury specialists; staff includes medical and chiropractic physicians; physical rehab; chiropractic; acupuncture; massage therapy; hydrotherapy; motor-vehicle accidents; work-related injuries; slips and falls; other services available
<b>MVA CENTER FOR REHABILITATION</b> 300 Stafford St., Suite 360, Springfield, MA 01104 (413) 734-8440; www.mvacenter.com	Mitchell Clionsky	Medical care and physical therapy for auto-accident injuries
<b>NEOS - NEW ENGLAND ORTHOPEDIC SURGEONS</b> 300 Birnie Ave., Springfield, MA 01107; (413) 233-1270 275 Bicentennial Highway, Springfield, MA 01107; (413) 783-3237 50 Wason Ave., Springfield, MA 01107; (413) 785-4666 www.neortho.com	Christopher Dugger	Skilled physical therapy and rehabilitation; works with patient's surgeon to maximize healing; certified PTs evaluate patients, design individual treatment plans, access patient progress, and supervise physical assistants and athletic trainers; sports medicine; hip and knee replacement; foot and ankle care; hand and wrist care; spine care; trauma and fracture care
<b>NORTHAMPTON PHYSICAL THERAPY CLINIC INC.</b> 17 New South St., Suite 102, Northampton, MA 01060 (413) 582-0005	Linda Beaulieu	Specializing in manual therapy and sports medicine; orthopedic injuries; orthotic evaluation and fabrication; myofascial and trigger-point release
<b>NOVACARE PHYSICAL REHABILITATION</b> 3550 Main St., Springfield, MA 01107; (413) 788-6195 2377 Boston Road, Wilbraham, MA 01095; (413) 596-2424 60 North Westfield St., Feeding Hills, MA 01030; (413) 786-8908 1160 Dickinson St., Springfield, MA 01108; (413) 737-6022 113 Elm St., Enfield, CT 06082; (413) 253-5196 www.novacare.com	Mark Gombotz	Physical therapy; occupational therapy; ACL prevention; post-surgical condition programs; low-back-pain programs; programs for athletes and motor-vehicle victims; hand therapy at East Main Street location
<b>ORTHOPEDIC PHYSICAL THERAPY</b> 306-A High St., Greenfield, MA 01301 (413) 773-3379; www.optgreenfield.com	R. Jeffries Anderson Elizabeth Dolby	Back and leg pain; sports injuries; shoulder and neck pain; headaches; post-surgical rehabilitation
<b>PHYSICIANS PLUS</b> 80 Sumner Ave., Springfield, MA 01108 (413) 733-0404; www.healthyspine.com	Patricia Langlitz	Physical therapy; massage therapy; medicine; chiropractic care
<b>PIONEER SPINE AND SPORTS PHYSICIANS</b> 55 St. George Road, Springfield, MA 01104; (413) 747-7426 265 Benton Dr., East Longmeadow, MA 01028; (413) 525-7222 271 Park St., West Springfield, MA 01089; (413) 785-1153 766 North King St., Northampton, MA 01060; (413) 586-0230 55 Federal St., Greenfield, MA 01301; (413) 774-7979 55 Pittsfield Road, Building 5, Lenox, MA 01240; (413) 242-9115 www.spinesports.com	Ronald Paasch Scott Cooper	Physician-driven, comprehensive care of musculoskeletal, spinal, and sports-related conditions; physical therapy located in most offices and available by outside referral or as part of a multidisciplinary treatment program
<b>PROEX PHYSICAL THERAPY</b> 1150 Hall of Fame Ave., Springfield, MA 01105 (413) 241-8900; www.proexpt.com	Eric Kopp Tina McDonald	Specialization in all musculoskeletal injuries; general orthopedics; sports medicine; treatment of the spine; work-related injuries; early-morning and late-evening appointments available; providers for all major insurances as well as many private insurers, including workers' compensation and motor-vehicle injuries; initial evaluations can be booked within 24 to 48 hours
<b>QUALITY MEDICAL AND PHYSICAL THERAPY</b> 80 Congress St., Suite 101, Springfield, MA 01104 (413) 732-4002; www.qualitymedicalpt.com	John Czuber	Personal injury; workers' compensation; slips and falls; physical therapy; multilingual medical and administrative staff speak Spanish, Russian, Polish, Ukrainian, Moldavian, Romanian, Hindi, and Punjabi; access to translators for Italian, Portuguese, and Vietnamese; accepts most health-insurance providers
<b>REHAB RESOLUTIONS INC.</b> 1111 Elm St., Suite 9, West Springfield, MA 01089 627 College Highway, Suite 6, Southwick, MA 01077 (413) 736-2250; www.rehabresolutions.com	Sofia Zanzarella	Physical therapy for functional rehabilitation and manual therapy; outpatient treatment of orthopedic injuries, industrial and auto injuries, and sports injuries; certified provider of active-release techniques of the spine, upper extremity, and lower extremity
<b>RIVERBEND MEDICAL GROUP</b> 230 Main St., Agawam, MA 01001; (413) 789-6800 305 Bicentennial Highway, Springfield, MA 01118; (413) 733-4101 444 Montgomery St., Chicopee, MA 01020; (413) 594-3111 395 Southampton Road, Westfield, MA 01085; (413) 533-2900 70 Post Office Park, Wilbraham, MA 01095; (413) 598-7770 www.riverbendmedical.com	Robert Lounsbury	Physical therapy and rehabilitation specializing in manual therapy and Cybex exercise therapy; a total health facility

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<b>SYNERGY PHYSICAL THERAPY</b> 39 Carlon Dr., Northampton, MA 01060 (413) 727-3315; www.synergyp413.com	James Lyons	Outpatient physical therapy specializing in musculoskeletal injuries, neurological rehabilitation, sports- and work-related injuries and injury prevention; strong emphasis on manual therapy, functionally based exercise, and patient education
<b>TEAM REHAB &amp; WELLNESS</b> 933 East Columbus Ave., Springfield, MA 01105; (413) 301-6019 753B Union St., West Springfield, MA 01089; (413) 209-9739 171 Pine St., Holyoke, MA 01040; (413) 437-7488 www.teamrehab-wellness.com	Annamaria Elder	Physical therapy; physiatry medical services and chiropractic care; aquatic therapy (Springfield and Holyoke locations); post-surgery rehabilitation; disc herniations; sports injuries; fall injuries; vestibular rehabilitation; cortisone injections; kinesiology taping; geriatric treatment; weight-loss and fitness program; recovery from automobile accidents, work-related injuries, or medical examinations and treatment; accept health insurances including Medicare and MassHealth
<b>VIP PHYSICAL THERAPY</b> 155 Union St., Springfield, MA 01105 (413) 732-6005; www.viprehabilitation.com	Raghu Bajwa	Board-certified physiatrist on staff; auto-accident specialists; personal injury; transportation available; bilingual
<b>WELDON REHABILITATION HOSPITAL AT MERCY MEDICAL CENTER</b> 233 Carew St., Springfield, MA 01104; (413) 748-6880  <b>MERCY WELLNESS CENTER AND WELDON PHYSICAL REHABILITATION AT HEALTHTRAX FITNESS &amp; WELLNESS</b> 45 Crane Ave., East Longmeadow, MA 01028; (413) 525-7813 www.mercycares.com	Sharon Adams	Inpatient and outpatient rehabilitation facility; stroke; spinal-cord injury; brain injury; amputation; neurological disorders; orthopedic conditions; physical, occupational, speech, and recreational therapy; case management; lymphedema treatment; hand therapy; vestibular therapy; seating and positioning; modified barium swallow studies; voice therapy; outpatient rehabilitation includes day programs, children's therapy, and pain management; driver assessments; services provided through the Mercy Hearing Center; Mercy Wellness Center and Weldon Physical Rehabilitation offer outpatient therapy and fitness through partnership between Mercy and Healthtrax Fitness & Wellness; member of the Sisters of Providence Health System
<b>WESTERN MASS. PHYSICAL THERAPY, P.C.</b> 290 First St., Pittsfield, MA 01201 (413) 443-4246; www.wmpt.com	Danielle Vittone	Orthopedic physical therapy; neurological therapy; aquatic physical therapy; Balance for Life program (neurological evaluation and treatment with vestibular rehabilitation); massage
<b>WILKERSON &amp; GOLDEN PHYSICAL THERAPY ASSOCIATES</b> 7 Burnham St., Turners Falls, MA 01376 (413) 774-7988	Eileen Golden	General physical therapy; orthopedics; neurological dysfunction; neck and back evaluation and care