WESTERN MASS. PHYSICAL THERAPY, P.C. 290 First St., Pittsfield, MA 01201 (413) 443-4246; www.wmpt.com

WILKERSON & GOLDEN PHYSICAL THERAPY ASSOCIATES 7 Burnham St., Turners Falls, MA 01376 (413) 774-7988

Danielle Vittone

Eileen Golden

REHABILITATION FACILITIES LISTED ALPHABETICALLY

KEHABILITATIO		PHABETICALLY
PROVIDER ACTION PHYSICAL THERAPY AND REHABILITATION	ADMINISTRATOR	SERVICES Physical therapy for auto accidents and sports injuries; orthopedic specialists; transportation available; bilingual services
870 Main St., Springfield, MA 01103 (413) 734-7277 ACTIVE PHYSICAL THERAPY & WELLNESS, LLC	Becky Maslar	(Spanish, Russian) Outpatient clinic offering individualized manual therapy treatment for neck and back pain, sports injuries, post-surgery, arthritis,
2301 Boston Road, Wilbraham, MA 01095 (413) 596-5362; www.activeptw.com AEGIS PHYSICAL THERAPY AND CHIROPRACTIC	Patricia O'Brien	shoulder and knee problems; private treatment rooms; fitness center Sports and orthopedic physical therapy; 1,500-square-foot open gym; sports training and conditioning; joint-replacement rehab;
241 Russell St., Hadley, MA 01035 (413) 586-5552; www.aegisphysicaltherapy.com	Lisa Sanderson	experienced staff; manual treatment; ACL jump program; chiropractic care; massage services Specializes in intensive physical rehabilitation and wellness support for patients of all ages who have suffered limb loss, making
40 East St., Ludlow, MA 01056 (413) 583-4236; www.ampedrehab.com ATTAIN THERAPY & FITNESS	Katie MacGreagor	it the only independent program of its kind in the region; delivers customized, coordinated care to ensure patients achieve their personal goals and optimal quality of life
101 University Dr., Suite A-6, Amherst, MA 01002; (413) 366-5703 25 Bridge St., Belchertown, MA 01007; (413) 323-1020 168 Denslow Road, East Longmeadow, MA 01028; (413) 526-9924 483 Holyoke St., Ludlow, MA 01056; (413) 333-5800 84 Willimansett St., South Hadley, MA 01075; (413) 533-8501 1739 Allen St., Springfield, MA 0118; (413)355-5700 300 Birnie Ave., Springfield, MA 01107; (413) 781-1054 65 Springfield Road, Westfield, MA 01085; (413) 588-1388 124 Myron St., West Springfield, MA 01089; (413) 781-7538 70 Post Office Park, Suite 7007, Wilbraham, MA 01095; (413) 279-1435 www.attaintherapyfitness.com	Jim Biron Terry Ditmar MaryLynn Jacobs	Orthopedic physical therapy; hand and elbow therapy; balance/vestibular rehabilitation; functional-capacity evaluations; Graston technique; instrument-assisted soft-tissue mobilization; Kinesio taping; elastic therapeutic taping; custom splinting; orthosis fabrication; ART (active release technique); manual therapies; medically oriented programs include bridge program, therapy to fitness, diabetic health and exercise, osteoporosis program, fall prevention, adult fitness, senior fitness, varsity preparation
BAYSTATE MARY LANE OUTPATIENT CENTER 85 South St., Ware, MA 01082 (413) 967-6211; www.baystatehealth.org/locations/mary-lane-outpatient-center	Peter Ouellette	Outpatient orthopedic and sports rehabilitation; board-certified clinical specialist in orthopedic physical therapy; board-certified hand therapist; physical and occupational therapy including vestibular, balance, and post-sports-concussion rehabilitation; outpatient speech; swallow exams; hearing examinations and hearing aid dispensing by licensed audiologists
BAYSTATE NOBLE HOSPITAL SPORTS & REHABILITATION CENTER 76 Main St., Westfield, MA 01085; (413) 562-3522 www.baystatehealth.org/locations/noble-hospital	Steve Cummings	Outpatient rehabilitation for acute and chronic conditions including orthopedic injuries, sports injuries, industrial/auto injuries, neurologic illness/injury, sprains and strains, motor-vehicle accidents, workplace injuries; physical and occupational therapy and speech-language-swallowing therapy; multi-disciplinary teams for complex diagnoses; post-surgical rehabilitation; free transportation from area towns available through Baystate Noble Hospital
BAYSTATE REHABILITATION CARE 200 Silver St., Suite 101, Agawam, MA 01001; (413) 794-3004 164 High St., Greenfield, MA 01301; (413) 773-0211 294 North Main St., East Longmeadow, MA 01028; (413) 794-1249 470 Granby Road, South Hadley, MA 01075; (413) 794-9920 360 Birnie Ave., Springfield, MA 01107; (413) 794-1600 85 South St., Ware, MA 01082; (413) 967-6211 76 Main St., Westfield, MA 01085; (413) 562-3522 www.baystatehealth.org/rehab	Jim Maloney (Agawam, East Longmeadow, South Hadley, Springfield) Jeffrey King (Greenfield) Peter Ouellette (Ware) Tracy Follansbee (Westfield)	Outpatient orthopedic care; sports-medicine rehabilitation; concussion; spine rehabilitation; vestibular and balance disorders; physical, occupational, and speech/language therapy; audiology; neurologic rehabilitation; pediatric rehabilitation; services vary by location
BAYSTATE WING HOSPITAL 40 Wright St., Palmer, MA 01069 (413) 284-5254; www.baystatehealth.org/locations/wing-hospital	Lori Manseau	Hospital-based outpatient clinic offering occupational and hand therapy; physical therapy including orthopedic, sports, geriatric, and neurological programs
CAMPUS REHAB CLINIC AT STCC One Armory Square, Suite 1, Springfield, MA 01105 (413) 755-4902; www.stcc.edu	Marianne Joyce	Physical- and occupational-therapy evaluations and treatment, as determined by Springfield Technical Community College evaluation process; eligibility determined by having no medical insurance coverage for PT/OT, or insurance services having been exhausted; licensed therapists (faculty) supervise STCC students in provision of all services; clinical faculty make referrals as necessary to the Massage Therapy Clinic at STCC
CHIROPRACTIC ASSOCIATES OF NORTHAMPTON/STRENGTH FOR LIFE 116 Pleasant St., Suite 125, Easthampton, MA 01027; (413) 529-0700 41 Locust St., Northampton, MA 01060; (413) 586-4400 www.strengthforlife.biz	Josef Arnould	Cybex exercise therapy; guided strength training for adults and comprehensive chiropractic care
COOLEY DICKINSON REHAB SERVICES 8 Atwood Dr., Northampton, MA 01060; (413)582-2113 380 Russell St., Hadley, MA 01035; (413) 586-9333 Big Y Plaza/College Highway, Southampton, MA 01073; (413) 527-7970 58 Old North Road, Worthington, MA 01098; (413) 238-4419 21 Elm St., South Deerfield, MA 01373; (413) 665-7427 4 West St., West Hatfield, MA 01088; (413) 570-1177 58 Old North Road, Worthington, MA 01098; (413) 665-7427 www.cooleydickinson.org	Andrea Noel-Doubleday Colette Fellows	Physical therapy, including post-operative general orthopedic, vestibular rehab, concussion management, sports, and total joint replacement rehab; gross motor coordination; women's health; neurological disorders; balance disorders; occupational therapy, including hand therapy, fine motor coordination, visual-perceptual skills, pain management, manual lymph drainage for lymphedema, ergonomics, and sensory integration; speech-language pathology, including language intervention, Lee Silverman Voice Therapy for Parkinson's disease, oral motor/speech deficits, swallowing disorders, and aural habitation; adult and pediatric services
ELAINE CENTER AT HADLEY 20 North Maple St., Hadley, MA 01035 (413) 727-7387; www.genesishcc.com/hadley	Desiree Piette	Elaine Center at Hadley's Transitional Care Unit (TCU) specializes in inpatient skilled nursing and rehabilitation; newly renovated, private rooms include TV, Internet services, and personal telephones; each patient has own private bathroom and shower; skilled services include physical, occupational, and speech therapy and nursing services including IV therapy, TPN, trach care, ostomy care, G-tube care, and pain management
FAMILY CARE MEDICAL CENTER 1515 Allen St., Springfield, MA 01118 (413) 782-3765; www.familycaremedicalcenter.org	Patricia Gallant	Physical therapy for work-related accidents and injuries; sports injuries; auto accidents; post-operative rehabilitation
HEALTHSOUTH REHAB HOSPITAL OF WESTERN MASS. 222 State St., Ludlow, MA 01056 (413) 308-3300 FAIRLAWN REHABILITATION HOSPITAL 189 May St., Worcester, MA 01602 (508) 791-6351; www.healthsouth.com	John Hunt	General rehabilitation; stroke recovery; brain and spinal-cord injury; neurological disorders, including specialization in Parkinson's; multiple sclerosis; orthopedic arthritis; amputee; specialized technologies, including Auto Ambulator, Saebo Flex, and interactive metronome; physical and occupational therapy; speech and language pathology; respiratory therapy; recreational therapy; rehabilitative nursing; Joint Commission-certified in both stroke and pulmonary rehabilitation (only Joint Commission stroke-certified program in Western Mass.); comprehensive outpatient clinic on hospital campus
HOLYOKE MEDICAL CENTER 575 Beech St., Holyoke, MA 01040 (413) 534-2500; www.holyokehealth.com	Trisha Neill	Physical, occupational, and speech/language therapy; audiology; cardiac and pulmonary rehabilitation; orthopedics; stroke rehabilitation; hand therapy, lymphedema therapy; vestibular rehabilitation; work injury and ergonomics; inpatient and outpatient rehabilitation
INTEGRATED ORTHOPEDIC PHYSICAL THERAPY, LLC 334 College St., Amherst, MA 01002 (413) 992-2131; www.integratedorthopedicpt.com	Kathleen McCauley Joel Flecha	Pre- and post-surgical rehabilitation; vertigo/BPPV; concussion rehabilitation; joint-replacement treatment; sports-injury recovery; spine treatment: neck, thoracic, and lower back pain; chronic pain issues; shoulder rehabilitation; lower-extremity care: hip, knee, and foot/ankle; balance retraining; falls prevention
LANGLITZ CHIROPRACTIC & MASSAGE 80 Sumner Ave., Springfield, MA 01108 (413) 732-4800; www.healthyspine.com	Dr. George Langlitz Patricia Langlitz	Physical therapy; massage therapy; chiropractic care; auto injuries; sports medicine
LEAVITT FAMILY JEWISH HOME 770 Converse St., Longmeadow, MA 01106 (413) 567-6211; www.jgslifecare.org MAPLEGATE REHAB INC. 4 Maple St., Springfield, MA 01103 (413) 781-8900; www.maplegaterehab.com	Debrah Putman Thomas Valentine	Long-term rehabilitation services; physical, occupational, and speech language pathology therapies and cardiac recovery program and respiratory services offered on site, provided by a multi-disciplinary team; therapists work closely with physicians, nurses, social workers, and dietitians to provide residents an individualized and comprehensive plan of care Specializes in auto-accident injuries, pain management, work-related injuries, and slip and falls; staff includes chiropractors, medical acupuncturist, and massage therapists; also provides aqua-med hydrotherapy, laser therapy, DOT physical exams, and alcohol testing; Spanish/bilingual; transportation available
MERCY WELLNESS CENTER AND WELDON PHYSICAL REHABILITATION AT HEALTHTRAX FITNESS & WELLNESS 45 Crane Ave., East Longmeadow, MA 01028	Jill LeGates	Mercy Wellness Center and Weldon Physical Rehabilitation offer outpatient physical therapy and fitness through a partnership between Mercy and Healthtrax Fitness & Wellness
(413) 525-7813; www.mercycares.com MONT MARIE REHABILITATION AND HEALTHCARE CENTER 36 Lower Westfield Road, Holyoke, MA 01040 (413) 538-6050; www.montmarierehab.com	Carol Mortensen Patricia Coughlin (Director of Nurses)	Newly renovated short-term rehabilitation unit; 20 private short-term rehabilitation rooms, three semi-private rehabilitation rooms, 58 long-term-care beds; physical, occupational, speech, and respiratory therapists; full-time nurse practitioner; Coverdell Stroke Initiative affiliated; Catholic Mass every day; pastoral care; palliative care; reduced respite rate
MVA CENTER FOR REHABILITATION 300 Stafford St., Suite 360, Springfield, MA 01104 (413) 734-8440; www.mvacenter.com	Mitchell Clionsky	Medical care and physical therapy for auto-accident injuries
NEOS - NEW ENGLAND ORTHOPEDIC SURGEONS 300 Birnie Ave., Springfield, MA 01107; (413) 233-1270 265 Benton Dr., East Longmeadow, MA 01028; (413) 783-3237 www.neortho.com	Anthony Rino	Skilled physical therapy and rehabilitation; works with patient's surgeon to maximize healing; certified PTs evaluate patients, design individual treatment plans, access patient progress, and supervise physical assistants and athletic trainers; sports medicine; hip and knee replacement; foot and ankle care; hand and wrist care; spine care; trauma and fracture care
NORTHAMPTON PHYSICAL THERAPY CLINIC INC. 17 New South St., Suite 102, Northampton, MA 01060 (413) 582-0005	Linda Beaulieu	Specializing in manual therapy and sports medicine; orthopedic injuries; orthotic evaluation and fabrication; myofascial and trigger-point release
NOVACARE PHYSICAL REHABILITATION 3550 Main St., Springfield, MA 01107; (413) 788-6195 2377 Boston Road, Wilbraham, MA 01095; (413) 596-2424 60 North Westfield St., Feeding Hills, MA 01030; (413) 786-8908 113 Elm St., Enfield, CT 06082; (413) 253-5196 www.novacare.com	Mark Gombotz	Physical therapy; occupational therapy; ACL prevention; post-surgical condition programs; low-back-pain programs; programs for athletes and motor-vehicle victims; hand therapy at East Main Street location
ORTHOPEDICS & SPORTS MEDICINE 4 West St., West Hatfield, MA 01088; (413) 586-8200 65 Springfield Road, Westfield, MA 01085; (413) 572-4300 33 Riddell St., Greenfield, MA 01301; (413) 586-8200 35 Turkey Hill Road, Belchertown, MA 01007; (413) 323-7277 150 Infirmary Way, Amherst, MA 01003; (413) 586-8200 www.hampshireorthopedics.com	Dr. Jonathan Fallon	Sports medicine; orthopedic trauma; physical therapy and rehabilitation services; joint-replacement center; pain management; spine care; hand and upper extremities
ORTHOPEDIC PHYSICAL THERAPY 306-A High St., Greenfield, MA 01301 (413) 773-3379; www.optgreenfield.com	R. Jeffries Anderson Elizabeth Dolby	Back and leg pain; sports injuries; shoulder and neck pain; headaches; post-surgical rehabilitation
PIONEER SPINE AND SPORTS PHYSICIANS 55 St. George Road, Springfield, MA 01104; (413) 747-7426 265 Benton Dr., East Longmeadow, MA 01028; (413) 525-7222 271 Park St., West Springfield, MA 01089; (413) 785-1153 766 North King St., Northampton, MA 01060; (413) 586-0230 55 Federal St., Greenfield, MA 01301; (413) 774-7979 55 Pittsfield Road, Building 5, Lenox, MA 01240; (413) 242-9115 19 Belmont Ave., Brattleboro, VT 05301; (413) 774-7979 www.spinesports.com	Dr. Ronald Paasch Dr. Scott Cooper	Physician-driven, comprehensive care of musculoskeletal, spinal, and sports-related conditions; physical therapy located in most offices and available by outside referral or as part of a multidisciplinary treatment program
PROEX PHYSICAL THERAPY 1150 Hall of Fame Ave., Springfield, MA 01105 (413) 241-8900; www.proexpt.com	Colleen Calvanese	Specialization in all musculoskeletal injuries; general orthopedics; sports medicine; treatment of the spine; work-related injuries; early-morning and late-evening appointments available; providers for all major insurances as well as many private insurers, including workers' compensation and motor-vehicle injuries; initial evaluations can be booked within 24 to 48 hours
QUALITY MEDICAL AND PHYSICAL THERAPY 80 Congress St., Suite 101, Springfield, MA 01104 (413) 732-4002; www.qualitymedicalpt.com	John Czuber	Personal injury; workers' compensation; slips and falls; physical therapy; multilingual medical and administrative staff speak Spanish, Russian, Polish, Ukranian, Moldavian, Romanian, Hindi, and Punjabi; access to translators for Italian, Portuguese, and Vietnamese; accepts most health-insurance providers
REHAB RESOLUTIONS INC. 1111 Elm St., Suite 9, West Springfield, MA 01089 627 College Highway, Suite 6, Southwick, MA 01077 (413) 736-2250; www.rehabresolutions.com	Sofia Zanzarella	Physical therapy for functional rehabilitation and manual therapy; outpatient treatment of orthopedic injuries, industrial and auto injuries, and sports injuries; certified provider of active-release techniques of the spine, upper extremity, and lower extremity
RESTORE PHYSICAL THERAPY AND WELLNESS 220 Russell St., Suite 400, Hadley, MA 01035 (413) 387-0722; www.restorewell.com	Dr. Patricia Young	Integrative physical-therapy clinic, offering a mindful approach to healthcare, considering body, mind, and emotional health; trauma-informed approach build on principles of trustworthiness, support, collaboration, and empowerment; specialties include orthopedics, pelvic-floor physical therapy, evaluations and treatments for the female athlete, and wellness services
SOSIN CENTER FOR REHABILITATION 770 Converse St., Longmeadow, MA 01106 (413) 567-6211; www.jgslifecare.org	Debrah Putman	Short-term Green House rehabilitation services; therapeutic care offered onsite in two households, each accommodating 12 residents; physical, occupational, and speech language pathology therapies, cardiac recovery program, and respiratory services provided in a home-like setting, cared for by a team focused on helping each resident direct his or her own care
SYNERGY PHYSICAL THERAPY 39 Carlon Dr., Northampton, MA 01060 (413) 727-3315; www.synergypt413.com	James Lyons	Outpatient physical therapy specializing in musculoskeletal injuries, neurological rehabilation, sports- and work-related injuries and injury prevention; strong emphasis on manual therapy, functionally based exercise, and patient education
TEAM REHAB & WELLNESS 95 Frank B. Murray St., Springfield, MA 01103; (413) 301-6019 171 Pine St., Holyoke, MA 01040; (413) 437-7488 84 Main St., Chicopee, MA 01020; (413) 331-5660 www.teamrehab-wellness.com	Annmaria Elder	TEAM Rehab & Wellness consists of a group of board-certified physicians who specialize in orthopedics and physical medicine and rehabilitation; rehabilitation services include physical therapy, aquatic therapy, and chiropractic care; all major health insurance plans accepted, including motor vehicle and workers' compensation
VIP PHYSICAL THERAPY 155 Union St., Springfield, MA 01105 (413) 732-6005; www.viprehabilitation.com	Raghu Bajwa	Board-certified physiatrist on staff; auto-accident specialists; personal injury; transportation available; bilingual
WELDON INPATIENT REHABILITATION HOSPITAL AT MERCY MEDICAL CENTER 233 Carew St., Springfield, MA 01104 (413) 748-7060; www.mercycares.com	Jill LeGates	Inpatient rehabilitation facility; stroke; spinal-cord injury; brain injury; amputation; neurological disorders; orthopedic conditions; general rehabilitation services; physical, occupational, speech, and recreational therapy; case management; CARF accreditation for comprehensive integrated inpatient rehabilitation and stroke specialty (only CARF-accredited organization in Western Mass.
WELDON OUTPATIENT REHABILITATION SERVICES 175 Carew St., Springfield, MA 01104 (413) 748-6880; www.mercycares.com	Jill LeGates	Outpatient services in medical office building on Mercy campus; includes day rehabilitation program, children therapy, occupational, physical therapy , speech therapy lymphedema treatment; hand therapy; vestibular therapy; seating and positioning; modified barium swallow studies; voice therapy; driving advisement; services provided through the Mercy Hearing Center
WESTERN MASS. PHYSICAL THERAPY, P.C.		

Orthopedic physical therapy; neurological therapy; aquatic physical therapy; Balance for Life program (neurological evaluation and treatment with vestibular rehabilitation); massage

 $General\ physical\ the rapy;\ or thopedics;\ neurological\ dysfunction;\ neck\ and\ back\ evaluation\ and\ care$