

# SENIOR LIVING OPTIONS

LISTED ALPHABETICALLY BY COUNTY

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COMMUNITY	NO. OF UNITS	LEVELS OF CARE	SERVICES	CHIEF ADMIN.
<b>Berkshire County</b>				
<b>DEVONSHIRE ESTATES</b> 329 Pittsfield Road, Lenox, MA 01240 (413) 637-1700; <a href="http://www.holidaytouch.com">www.holidaytouch.com</a>	128	Independent Living	Three meals per day; weekly housekeeping; activities; linens and towels; maintenance; transportation; emergency call pendants	Christopher Brown
<b>KIMBALL FARMS LIFECARE RETIREMENT COMMUNITY</b> 235 Walker St., Lenox, MA 01240 (413) 637-7000; <a href="http://www.kimballfarms.org">www.kimballfarms.org</a>	298	Independent and Assisted Living; Skilled Nursing; Memory-impaired Units	90% refundable entrance fee and monthly service fee covering four levels of care; all utilities; full-service dining room; housekeeping; laundry; transportation; emergency response; activities; wellness clinic; fitness center; yoga; community care nurses and program; all-inclusive-fee assisted living; direct admission to assisted living and memory care	Sandra Shepard
<b>THE LANDING AT LAUREL LAKE</b> 600-620 Laurel St., Lee, MA 01238 (413) 243-2010	63	Traditional Assisted Living; Enhanced Dementia Care	Dining services; private apartments; country kitchen; activities lounge; meeting areas; personal care	Darrell Carlson
<b>WINGATE RESIDENCES AT MELBOURNE PLACE</b> 140 Melbourne Road, Pittsfield, MA 01201 (413) 499-1992; <a href="http://www.wingatehealthcare.com">www.wingatehealthcare.com</a>	126	Assisted Living; Memory Care; Independent Living	Three meals daily; housekeeping/linen service; transportation; activities; fitness center and instructor; beauty salon; cable TV; AC; 24-hour healthcare coverage; wellness programs; pets allowed; emergency response system; the Neighborhood memory-care program	Carla Mitchell
<b>Franklin County</b>				
<b>THE ARBORS AT GREENFIELD</b> 15 Meridian St., Greenfield, MA 01301 (413) 774-4400; <a href="http://www.arborsassistedliving.com">www.arborsassistedliving.com</a>	76	Assisted Living; Memory-impaired Units	Three meals daily; housekeeping; personal care; medication management; activities and recreational programs	Donna Bigelow
<b>Hampden County</b>				
<b>THE AMERICAN INN</b> One Sawmill Park, Southwick, MA 01077 (413) 569-1215; <a href="http://www.americaninn-sawmillpark.com">www.americaninn-sawmillpark.com</a>	187	Independent Cottages; Independent Apartments; Assisted Living	Meal plans; housekeeping; laundry; all utilities (excluding cottages); cable included in all apartments; 24-hour security; emergency response; indoor pool; beauty salon; wellness center; transportation; activities for entire community	Debbie DePaola
<b>THE ARBORS AT CHICOPEE</b> 929 Memorial Dr., Chicopee, MA 01020 (413) 593-0088; <a href="http://www.arborsassistedliving.com">www.arborsassistedliving.com</a>	90	Assisted Living; Memory-impaired Units	Three meals daily; housekeeping; personal care; medication management; activities; recreational programs	Crystal DaSilva
<b>THE ARBORS AT WESTFIELD</b> 40 Court St., Westfield, MA 01085 (413) 562-0001; <a href="http://www.arborsassistedliving.com">www.arborsassistedliving.com</a>	90	Assisted Living; Memory-impaired Units	Three meals daily; housekeeping; personal care; medication management; activities; recreational programs	Ann Johnson
<b>ARMBROOK VILLAGE</b> 551 North Road, Westfield, MA 01085 (413) 568-0000; <a href="http://www.armbrookvillage.com">www.armbrookvillage.com</a>	122	Independent and Assisted Living; Mild Cognitive Impairment; Memory Care	Two state-of-the-art memory support programs: Compass Memory Care and ConnectedLife for mild cognitive impairment, Alzheimer's disease, or related dementias; committed to helping seniors stay socially connected and independent through evidence-based arts, fitness, and lifelong learning programs	Beth Cardillo
<b>THE ATRIUM AT CARDINAL DRIVE</b> 153 Cardinal Dr., Agawam, MA 01001 (413) 821-9911; <a href="http://www.benchmarkquality.com">www.benchmarkquality.com</a>	44	Assisted Living for Memory-impaired	Three meals daily; daily living services; activities; laundry; housekeeping; medication management; specializing in memory impairment	Cheryl Moran
<b>BEAVEN KELLY HOME</b> 25 Brightside Dr., Holyoke, MA 01040 (413) 532-4892; <a href="http://www.mercycares.com/beaven-kelly">www.mercycares.com/beaven-kelly</a>	57	Level IV Residential Care	Three meals daily; assistance with daily living; support services; housekeeping; linen service; activities; nursing care; respite care; pastoral care	Lori Hannah
<b>BLUEBIRD ESTATES</b> 1 Apple Blossom Lane, East Longmeadow, MA 01028 (413) 525-8600; <a href="http://www.holidaytouch.com">www.holidaytouch.com</a>	132	Independent Retirement Living	Three meals daily; housekeeping/linen service; utilities Included; transportation; on-site live-in managers; month-to-month lease; hair salon; pets welcome; private home care on site; exclusive travel program	Eric Lisitano
<b>EAST VILLAGE PLACE</b> 50 Benton Dr., East Longmeadow, MA 01028 (413) 525-8150; <a href="http://www.eastvillageplace.com">www.eastvillageplace.com</a>	74	Assisted Living; 2 Levels of Memory Care	Three meals daily; individualized care plans; housekeeping; transportation; full calendar of events including regular classes offered through Watermark University stimulating body, mind, and spirit; specializing in all stages of Alzheimer's and dementia; respite and day club	Pam Skiba
<b>THE GARDENS OF WILBRAHAM</b> 2301 Boston Road, Wilbraham, MA 01095 (413) 596-5322; <a href="http://www.thegardensofwilbraham.com">www.thegardensofwilbraham.com</a>	65	Independent Retirement Living	Energy-efficient one- and two-bedroom homes; attached one- or two-car garage; design and amenity options; 24-hour staffing; Clubhouse with outdoor pool, indoor spa, fitness and wellness center; on-site nurse offering health screenings and education; library; trash and snow removal; maintenance; lawn care; Great Room for catered events and activities; 200 units total in future	Judy Hyland
<b>GLENMEADOW</b> 24 Tabor Crossing, Longmeadow, MA 01106 (413) 567-7800; <a href="http://www.glenmeadow.org">www.glenmeadow.org</a>	147	Independent and Assisted Living	Housekeeping; laundry; utilities; transportation; indoor pool; fitness room; covered parking; \$400/month meal credit for independent living; security; emergency response; assisted living; meals included and one hour nursing care daily; Glenmeadow at Home program	Anne Thomas
<b>HERITAGE WOODS SENIOR LIVING</b> 462 Main St., Agawam, MA 01001 (413) 786-9704; <a href="http://www.genesisihcc.com">www.genesisihcc.com</a>	109	Assisted Living; Memory Support	Three meals daily; one hour of personal care per day; medication reminders; housekeeping; transportation; utilities; activities; wellness program; Eden Alternative Community; Step Two Quality Award	Theresa Bollea
<b>HOLYOKE HEALTHCARE CENTER</b> 282 Cabot St., Holyoke, MA 01040 (413) 538-7470; <a href="http://www.holyokehealthcare.com">www.holyokehealthcare.com</a>	102	Skilled Nursing	Skilled-nursing facility with long-term care and short-term rehabilitation in a home-like setting; rehabilitation services include physical therapy, occupational therapy, and speech therapy specializing in post-orthopedic patients and post-stroke patients working to return residents to their prior level of independence in the community	Tom Accomando
<b>KEYSTONE COMMONS</b> 460 West St., Ludlow, MA 01056 (413) 583-6611; <a href="http://www.keystonecommonsll.com">www.keystonecommonsll.com</a>	100	Independent and Assisted Living; Memory-impaired Units	One meal per day, full kitchens, washers/dryers (independent living); three meals daily, personal care services for one all-inclusive rate (assisted living); all utilities/cable; housekeeping; laundry facilities; 24-hour staffing; transportation; emergency-response system; barber/beauty salon; pub; theater; fitness center; Life Enrichment Program offering 150+ activities each month designed to enhance the social, mental, and physical well-being of residents; comprehensive array of health services with a primary-care physician specializing in geriatric assisted-living care, a nurse practitioner, and physical and occupational therapists	Kelly Sostre
<b>THE RESERVE AT EAST LONGMEADOW</b> 741 Parker St., East Longmeadow, MA 01028 (413) 224-2200; <a href="http://www.meridiansenior.com">www.meridiansenior.com</a>	126	Assisted Living Memory-care Neighborhood	Variety of living arrangements, from studios to two-bedroom apartments; community designed and built for seniors who need some assistance with activities of daily living, such as medication management, dressing, or bathing; also includes an innovative memory-care neighborhood for those experiencing memory loss	Jordan Blumberg
<b>THE WELLINGTON AT SPRINGFIELD, MANAGED BY CAPITAL SENIOR LIVING CORP.</b> 942 Grayson Dr., Springfield, MA 01119 (413) 426-9868; <a href="http://www.capitalsenior.com">www.capitalsenior.com</a>	188	Independent and Assisted Living; Memory-impaired Units	One meal per day with full kitchens (independent living); three meals and 90 minutes personal care per day (assisted living); all utilities/cable (excluding phone); biweekly housekeeping; free laundry facilities; 24-hour staffing; transportation; 7-day activity and wellness programs; emergency-response system; barber/beauty salon; theater; fitness center	Elizabeth Skerry-Hastings
<b>LANDMARK AT MONASTERY HEIGHTS</b> 110 Monastery Ave., West Springfield, MA 01089 (413) 781-1282; <a href="http://www.landmarkseniorliving.com">www.landmarkseniorliving.com</a>	105	Independent and Assisted Living; Memory-impaired Units	Three meals daily; housekeeping/linen service; transportation; activities; social programs; medication assistance; emergency response; memory-impairment neighborhood assistance	Sharon Beaudry
<b>LOOMIS LAKESIDE AT REEDS LANDING</b> 807 Wilbraham Road, Springfield, MA 01109 (413) 782-1800; <a href="http://www.loomiscommunities.org">www.loomiscommunities.org</a>	217	Independent and Assisted Living; Skilled Nursing	Continuing-care community on East Campus of Springfield College; full dining service; on-site restaurant and café; wellness center with trainer and physician's office; housekeeping, laundry; cultural and educational activities; transportation; emergency response; convenience store; branch bank	Craig Johnsen
<b>LOOMIS HOUSE</b> 298 Jarvis Ave., Holyoke, MA 01040 (413) 538-7551; <a href="http://www.loomiscommunities.org">www.loomiscommunities.org</a>	171	Independent and Assisted Living; Skilled Nursing	Continuing-care community; full dining service; wellness center; housekeeping; resident-run cultural and educational activities; transportation; emergency response; convenience store	Lori Todd
<b>MASON WRIGHT SENIOR LIVING</b> 74 Walnut St., Springfield, MA 01105 (413) 733-1517; <a href="http://www.masonwright.org">www.masonwright.org</a>	118	Independent and Assisted Living; Memory Support	MassHealth accepted; three meals daily; personal care; medication management; recreational programs; offering GAFC, SCO, and PACE programs	Eileen Drumm Moore
<b>ORCHARD VALLEY AT WILBRAHAM</b> 2387 Boston Road, Wilbraham, MA 01095 (413) 596-0006; <a href="http://www.benchmarkquality.com">www.benchmarkquality.com</a>	66	Assisted Living; Traditional and Memory-impaired	Three meals daily; 24/7 on-site supervision; personalized care; wellness consultant; social, cultural, educational activities; transportation; adult day stay; respite care	Carol Green
<b>PROVIDENCE PLACE</b> 5 Gamelin St., Holyoke, MA 01040 (413) 534-9700; <a href="http://www.providenceplace.org">www.providenceplace.org</a>	120	Independent Living	Rental apartments with full kitchens; included utilities; restaurant-style dining; transportation; programs; tai chi; yoga; swimming pool; daily Mass in chapel; park-like setting; 24/7 staffing; not-for-profit; no buy-in fees	Richard Pelland
<b>QUAIL RUN ESTATES</b> 50 Cardinal Dr., Agawam, MA 01001 (413) 786-9688; <a href="http://www.holidaytouch.com">www.holidaytouch.com</a>	121	Independent Living	Three meals daily; housekeeping; linens and laundry; paid utilities; barber/beauty shop; 24-hour security; four resident managers; transportation; no buy-in fees or leases; studio; one- and two-bedroom apartments; cottages and garden suites	Nikki Thelen
<b>RUTH'S HOUSE ASSISTED LIVING RESIDENCE</b> 780 Converse St., Longmeadow, MA 01106 (413) 567-6212; <a href="http://www.jgslifecare.org">www.jgslifecare.org</a>	77	Assisted Living; Early-mid Alzheimer's	Individualized care; spacious, newly renovated apartments; extensive wellness (including holistic) and activities programming; transportation to events, outings, and appointments; secure 'garden level' neighborhood for residents with higher level of memory loss; all-inclusive pricing (all personal care, including medication management); three meals provided, snacks available all day; linens plus personal laundry; located on JGS Lifecare campus with access to a full continuum of care such as rehabilitation, long-term care, home care, palliative care, and hospice care	Darlene Francis
<b>SARAWOOD ASSISTED LIVING</b> One Loomis Ave., Holyoke, MA 01040 (413) 532-7879; <a href="http://www.sarawood.net">www.sarawood.net</a>	28	Assisted Living	Three meals daily; 35 minutes of personal care per day; 24-hour staffing; all utilities; housekeeping and linen service; hairdressing; laundry; cable; activities; emergency-response system	Bill Lyons
<b>ST. LUKE'S HOME</b> 85 Spring St., Springfield, MA 01105 (413) 736-5494; <a href="http://www.mercycares.com">www.mercycares.com</a>	89	Level IV Residential Care	Three meals daily; assistance with daily living; support services; housekeeping; linen service; activities; nursing care; respite care; pastoral care	Barbara Tadeo
<b>Hampshire County</b>				
<b>APPLEWOOD AT AMHERST</b> One Spencer Dr., Amherst, MA 01002 (413) 253-9833; <a href="http://www.loomiscommunities.org">www.loomiscommunities.org</a>	103	Independent Living	Continuing-care community; full dining service; wellness center; housekeeping; resident-run cultural/educational activities; transportation; emergency response; convenience store	Robert Claffin
<b>THE ARBORS AT AMHERST</b> 130 University Dr., Amherst, MA 01002 (413) 548-6800; <a href="http://www.arborsassistedliving.com">www.arborsassistedliving.com</a>	78	Assisted Living; Memory-impaired Units	Three meals daily; housekeeping; personal care; medication management; activities and recreational programs	Karen Walter Zucco
<b>CHRISTOPHER HEIGHTS OF NORTHAMPTON</b> 50 Village Hill Road, Suite 1, Northampton, MA 01060 (413) 584-0701; <a href="http://christopherheights.com">christopherheights.com</a>	83	Assisted Living	Affordable assisted-living services; all residents have private apartments, regardless of financial program; three chef-prepared meals served daily; up to 1.5 hours of personal-care assistance daily; medication reminders; full social and activity programming; housekeeping and full laundry service weekly; staff available 24/7	Denise Jones
<b>LATHROP COMMUNITIES</b> 100 Bassett Brook Dr., Easthampton, MA 01027 (413) 586-0006; <a href="http://www.lathrop.kendal.org">www.lathrop.kendal.org</a>	120	Independent Living; Support-services Program	An affiliate of the Kendal Corp.; activities; security; transportation; emergency response; the Inn at Easthampton provides main meal of the day; weekly housekeeping; 24-hour security; wellness center; RN and LPN; transportation; weekly in-house programs	Thom Wright
<b>LATHROP RETIREMENT COMMUNITIES</b> 1 Shallow Brook Dr., Northampton, MA 01060 (413) 582-1825; <a href="http://www.lathrop.kendal.org">www.lathrop.kendal.org</a>	79	Independent Living; Support-services Program	An affiliate of the Kendal Corp.; activities; security; transportation; emergency response; the Inn at Easthampton provides main meal of the day; weekly housekeeping; 24-hour security; wellness center; full-time nurse practitioner and LPN; transportation; weekly in-house programs	Thom Wright
<b>LINDA MANOR ASSISTED LIVING</b> 345 Haydenville Road, Leeds, MA 01053 (413) 387-3155; <a href="http://www.lindamanorassistedliving.org">www.lindamanorassistedliving.org</a>	88	Assisted Living and Memory-impaired Life Enrichment	All-inclusive monthly service fee covers personal care, meals, medication management, bathing dressing, activities, and transportation; Life Enrichment Program based on habitation model of dementia care	Emily Ugucioni
<b>LOOMIS VILLAGE</b> 20 Banyon Dr., South Hadley, MA 01075 (413) 532-5325; <a href="http://www.loomiscommunities.org">www.loomiscommunities.org</a>	159	Independent and Assisted Living	Continuing-care community; full dining service; on-site restaurant and café; wellness center; indoor pool; housekeeping; cultural and educational activities; transportation; emergency response; convenience store; 24-hour security	Maureen O'Toole
<b>ROCKRIDGE RETIREMENT COMMUNITY</b> 25 and 37 Coles Meadow Road Northampton, MA 01060 (413) 586-2902; <a href="http://www.rockridgema.org">www.rockridgema.org</a>	139	Violette's Crossing – Independent Living; Assisted Living; Gardens Neighborhood for Memory Support; Level IV Rest Home	Apartments, cottages, private suites, and a memory-support neighborhood available; full dining service; wellness center; housekeeping; linen service; transportation; full arts schedule; emergency-response system; continence management; personal-care assistance; not-for-profit community; housing at all income levels	Beth Vettori