

BEHAVIORAL HEALTH SERVICES

LISTED ALPHABETICALLY

FACILITY	SERVICES
ACHIEVE TMS EAST 47 Pleasant St., Suite 1-NW, Northampton, MA 01060 (413) 203-6922; www.achievetmseast.com	Treatment center works in collaboration with local healthcare providers to help people suffering from major depressive disorder using deep TMS (transcranial magnetic stimulation) therapy, an FDA-cleared treatment; additional locations in Springfield, Amherst, Holyoke, Worcester, and Pittsfield
ADCARE HOSPITAL OUTPATIENT SERVICES 117 Park Ave., West Springfield, MA 01089; (413) 209-3124 www.adcare.com	Inpatient detoxification and rehabilitation; outpatient assessment, evaluation, and detoxification; individual and family counseling; intervention services; day and evening programs; outpatient services in West Springfield
AMHERST PSYCHOTHERAPY PRACTICE 48 N Pleasant St., Suites A & B, Amherst, MA 01002 (413) 461-4042; www.amhersttherapy.org	Provides therapy to all ages, from infants to elders, using the latest research-based treatments, such as trauma-focused cognitive behavioral therapy and the neurosequential model of therapeutics
AUSTEN RIGGS CENTER 25 Main St., Stockbridge, MA 01262 (800) 517-4447; www.austenriggs.org	Specializes in the long-term treatment of psychiatric disorders with intensive psychodynamic psychotherapy and a full range of psychiatric services, offered in a completely voluntary continuum of care that includes inpatient, residential, and day treatment programs
BAYSTATE BEHAVIORAL HEALTH 3300 Main St., Springfield, MA 01199 (413) 794-5555; www.baystatehealth.org	At Baystate Medical Center, Springfield: adult inpatient psychiatry, adult and child partial hospitalization, adult and child neuropsychological testing, memory disorders program, outpatient services for adults and children with medical co-morbidities, a psychiatric neurotherapeutics service, including inpatient and outpatient electroconvulsive therapy and outpatient transcranial magnetic stimulation; at Baystate Franklin Medical Center, Greenfield: adult inpatient psychiatry and adult partial hospitalization; at Baystate Noble Hospital, Westfield: adult inpatient psychiatry and adult partial hospitalization; at Baystate Wing Hospital, Palmer: a 13-bed adult inpatient psychiatric unit and 15-bed geriatric inpatient psychiatric unit, outpatient behavioral health and addiction services in Belchertown, Palmer, and Wilbraham, counseling and psychiatric medication management for children, adults, couples, families, and groups, outpatient transcranial magnetic stimulation
BAYSTATE FAMILY ADVOCACY CENTER 50 Maple St., Third Floor, Springfield, MA 01199 (413) 794-9816; www.baystatehealth.org/fac	Healing children and families affected by trauma, including physical or sexual abuse and violence in the home or the community; special services for children and adults affected by homicide or suicide; individual, family, and group therapy in a child-friendly environment; a collaborative program with the Department of Pediatrics, serving all of Western Mass.
BEHAVIORAL HEALTH NETWORK INC. 417 Liberty St., Springfield, MA 01104 (413) 747-0705; www.bhninc.org	Comprehensive, compassionate behavioral healthcare for adults, veterans, children, youth and family; healthcare integration/care management; full range of services for addictions, mental health, and developmental needs; 24/7 emergency services; forensic/criminal justice services; domestic-violence services; in-home, residential, and clinic-based services throughout Western Mass., including Springfield, Westfield, Holyoke, Northampton, Greenfield, Pittsfield, Ware, Agawam, and Ludlow
BERKSHIRE FAMILY & INDIVIDUAL RESOURCES 771 South Church St., North Adams, MA 01247 (413) 664-9382; www.bfair.org	BFAIR is a diversified department that provides clinical services across the age span; utilizing applied behavior analysis, BFAIR provides services to children and adolescents diagnosed with autism spectrum disorders, including comprehensive assessments and treatment in behavior, communication, life skills, and social skills; BFAIR's clinical department also provides behavior analytic services for adults across all agency programs, including assessments, behavior analytic treatment, collaboration with community health providers, and staff training
BERKSHIRE MEDICAL CENTER Department of Psychiatry & Behavioral Health 725 North St., Pittsfield, MA 01210 (413) 447-2167; www.berkshirehealthsystems.org	Comprehensive mental-health and substance-abuse services; inpatient psychiatry; inpatient chemical dependency; partial hospital program; child-crisis stabilization unit; two adult acute crisis houses, halfway houses; rehabilitation programs; seven outpatient clinics; crisis team; clinical collaborative with the Brien Center for Mental Health and Substance Abuse Services for most long-term outpatient services; clinical stabilization services for substance abuse
BRATTLEBORO RETREAT 1 Anna Marsh Lane, Brattleboro, VT 05302 (802) 257-7785; www.brattlebororetreat.org	Nonprofit psychiatric and addiction-treatment hospital; specialized diagnosis, treatment, and rehabilitation services for children, adolescents, and adults; inpatient care; partial hospitalization; intensive outpatient services; 15-bed inpatient LGBT unit; Mind-Body Pain Management Clinic; Emerging Adult Inpatient Program; partial hospital/residential program for uniformed service workers
CENTER FOR BEHAVIORAL HEALTH AT HOLYOKE MEDICAL CENTER 575 Beech St., Holyoke, MA 01040 (413) 534-2698; www.holyokehealth.com	Inpatient psychiatric unit; partial hospitalization and intensive outpatient program for people with psychiatric and addiction issues, including compulsive gambling; outpatient psychotherapy service specializing in depression, anxiety, mood disorders, PTSD/trauma; EMDR; NeuroStar TMS (transcranial magnetic stimulation)
CENTER FOR HUMAN DEVELOPMENT 332 Birnie Ave., Springfield, MA 01107 (413) 733-6624; www.chd.org	Provides a wide variety of human services and programs throughout Western Mass., including counseling and outpatient behavioral-health clinics for children and adults, disability resources, health and wellness programming, substance recovery coaching, cancer support, homelessness services, and developmental support
CLEANSLATE ADDICTION TREATMENT CENTERS 306 Race St., 2nd Floor, Holyoke, MA 01040 (413) 650-0590; www.cleanslatecenters.com	Outpatient addiction treatment utilizing Suboxone for opioid dependence and Vivitrol for opioid and alcohol dependence; day and evening appointments; confidential, individualized treatment; comprehensive support services including on-site counseling; additional locations in Greenfield, Pittsfield, Springfield, Ware, and West Springfield
CLINICAL & SUPPORT OPTIONS 8 Atwood Dr., Suite 301, Northampton, MA 01060 (413) 773-1314; www.csinc.org	Outpatient behavioral-health and family-support services; assessments and therapy for children, adolescents, and adults; child and adult psychiatry; sexual-abuse and trauma treatment for survivors and families; substance-abuse and addiction treatment (including driver alcohol education, IOP); community support services; psychological testing and assessment; family support services; group therapy; emergency and crisis stabilization services; mobile crisis intervention; community-based evaluation and support; community crisis stabilization; pre-vocational day program to help members gain work experience; additional locations in Amherst, Florence, Greenfield, Pittsfield, Springfield, West Springfield
COMMUNITY SERVICES INSTITUTE 1695 Main St., Suite 400, Springfield, MA 01103 (413) 739-5572; www.communityserv.com	Outpatient, outreach, and in-clinic psychotherapy for individuals, families, children, and adults; psychiatric evaluation and medication follow-up; psychological testing; neurofeedback therapy; therapeutic mentoring for children and young adults 4-21 years old; social-work and mental-health-counseling internships for pre-master's, master's, pre-doctoral, and post-doctoral level training; additional location in Dorchester
CONCERN EMPLOYEE ASSISTANCE PROGRAM 575 Beech St., Holyoke, MA 01040 (413) 534-2625; www.rvcc-inc.org	Promotes work-life balance by offering an employee-assistance program to local businesses; services can be offered as employee benefits for staff and their family members; program includes management and organizational consultation and referrals, crisis response, trainings, solution-focused mental health, and financial and legal counseling and referrals
GÁNDARA MENTAL HEALTH CENTER 147 Norman St., West Springfield, MA 01089 (413) 736-8329; www.gandaracenter.org	Provides culturally sensitive, bilingual behavioral-health, substance-use, prevention, and educational services to adults, children, and families throughout Western Mass., including Chicopee, Holyoke, Greenfield, Northampton, Springfield, Westfield, and Ware; child and family services; residential programs; family-support programs; recovery-support centers; outpatient services
GREY MATTERS INTERNATIONAL INC. 1110 Longmeadow St., Longmeadow, MA 01106 (877) 606-6161; www.greymattersintl.com	Mental-health recovery solutions targeting alcoholism, substance abuse, depression, co-occurring disorders, and other issues
GRISWOLD CENTER AT BAYSTATE WING HOSPITAL 40 Wright St., Palmer, MA 01069 (413) 370-5285; www.baystatewinghospital.org	A 13-bed acute-care inpatient unit and 15-bed inpatient center for geriatric psychiatry; offers outpatient behavioral-health and addiction services in Belchertown, Palmer, and Wilbraham; counseling for children, adults, couples, families, and groups
INSTITUTE OF HUMAN SOLUTIONS 108 Russell St., Hadley, MA 01035 (413) 387-0075; www.instituteofhumansolutions.com	Diverse, multi-disciplinary behavioral-health practice; utilizes broad spectrum of evidence-based treatment modalities; individual, couples, and family therapy; cognitive behavioral therapy; psychodynamic therapy; interpersonal therapy; EMDR for anxiety, stress, and trauma; group therapy; dialectical behavior therapy; psychopharmacology; psychological testing; school and agency consultation; parent training groups
MHA 995 Worthington St., Springfield, MA 01109 (413) 734-5376; www.mhainc.org	Nonprofit provider of residential programs and support to people impacted by mental illness, developmental disabilities, substance abuse, and homelessness; operates 25 residential sites, extensive outreach, and supported living programs, as well as a new, state-of-the-art outpatient behavioral-health center, all in Greater Springfield
NAMI – WESTERN MASSACHUSETTS 324A Springfield St., Agawam, MA 01001 (413) 786-9139; www.namimw.org	NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental-health organization dedicated to building better lives for people affected by mental illness; conducts education programs to ensure families, individuals, friends, and caregivers get the support and information they need; conducts efforts to shape national public policy; provides free referral, information, and support; leads public-awareness events and activities, including Mental Illness Awareness Week and an annual walkathon, to fight stigma and encourage understanding

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FACILITY	SERVICES
NEW ENGLAND GERIATRICS 103 Myron St., Suite A, West Springfield, MA 01089 (413) 592-1980; www.negeriatrics.com	Comprehensive psychiatric services for residents and their families in long-term living facilities; as consultants to long-term-living facilities and primary-care physicians, NEG clinicians evaluate and treat residents referred to them with a physician's order; a resident, family, or facility staff member may request services; services are billed directly to the resident's health insurance; team consists of psychiatrists, nurse practitioners, physician assistants, psychologists, neuropsychologists, licensed mental-health counselors, and social workers; services are free to facilities that contract with New England Geriatrics
PROVIDENCE BEHAVIORAL HEALTH HOSPITAL 1233 Main St., Holyoke, MA 01040 (413) 536-5111; www.mercycares.com	Psychiatric and substance-use disorder treatment programs; 125-bed facility; three psychiatric units with services for children, adolescents, adults, and older adults; inpatient acute treatment services (detoxification) and clinical stabilization services; outpatient substance-use disorder treatment services including two opioid treatment programs (methadone, buprenorphine, naltrexone); intensive outpatient program; driver alcohol education
RIVER VALLEY COUNSELING CENTER INC. 303 Beech St., Holyoke, MA 01040 (413) 540-1234; www.rvcc-inc.org	Provides services to individuals in Hampden, Hampshire, and Franklin counties; adult, child, and adolescent individual and group outpatient mental-health services and psychiatry with offices located in Holyoke, Chicopee, Easthampton, and Springfield; Mass.-certified gambling specialists; substance-abuse services; school-based mental-health services in Holyoke, Chicopee, Easthampton, and Hatfield public schools as well as select schools in Springfield, East Longmeadow, Amherst, Granby, and Hadley and on the campus of Springfield Technical Community College; Children's Behavioral Health Initiative services; school-based health centers/teen clinics located at Holyoke High School North, Dean Campus, and Peck School; the HIV/AIDS Project; CONCERN: Employee Assistance Program for local businesses, organizations, and municipalities; programs staffed by bilingual/bicultural professionals; RVCC is an affiliate of Holyoke Medical Center and a member of Valley Health Systems Inc.
SERVICENET 21 Olander Dr., Northampton, MA 01060 (413) 585-1300; www.servicenet.org	Individual counseling and innovative group therapies for children, adolescents, and adults who are dealing with a wide range of issues, including depression, anxiety, substance-use disorders, physical/sexual abuse and other trauma, relationship and family concerns, school-adjustment problems, pain-management challenges, and obsessive-compulsive disorders; also providing psychological testing, psychiatric care, and medication services; clinics are located in Amherst, Greenfield, Holyoke, Northampton, and Pittsfield
SOUTH BAY COMMUNITY SERVICES 140 High St., Unit 230, Springfield, MA 01105 (413) 495-1500; www.southbaycommunityservices.com	Community-based, behavioral healthcare organization offering a continuum of services including adult behavioral health, substance-abuse counseling, children's behavioral health, day services, autism services, and early childhood services
THE UNITED ARC 294 Avenue A, Turners Falls, MA 01376 (413) 774-5558; www.theunitedarc.org	The United Arc provides advocacy and support services for individuals with intellectual and developmental disabilities and their families in Western Mass; programs include adult services, positive parenting, family support, and self-advocacy
VIABILITY 5 Franklin St., Northampton, MA 01060 (413) 584-1460; www.viability.org	Accredited by Clubhouse International and driven by a belief in recovery through work, Viability clubhouse programs provide members with a supportive environment to increase their vocational, educational, and social skills; locations include Berkshire Pathways in Pittsfield, Odyssey House in Holyoke, Forum House in Westfield, Lighthouse in Springfield, Star Light Center in Florence, and Tradewinds in Southbridge
WALDEN BEHAVIORAL CARE 100 University Dr., 2nd Floor, Amherst, MA 01002 (413) 582-0100; www.waldenbehavioralcare.com	Provides a continuum of care for patients with eating disorders; psychiatric inpatient services; medical, behavioral, and nutritional care
WEST CENTRAL FAMILY AND COUNSELING 103 Myron St., Suite A, West Springfield, MA 01089 (413) 592-1980; www.westcentralfamily.com	Mental-health outpatient clinic providing a variety of services, including geriatric mental health, individual and group psychotherapy, diagnostic evaluations, CANS assessments for MassHealth children under 21, medication management for age 18 and up, consultation with families of elders with dementia, neuropsychological testing for adults/elders, family therapy and consultation; WCFC provides bilingual services, as well as outreach for those unable to make it to the clinic