

ADULT DAY CARE CENTERS LISTED ALPHABETICALLY

COMPANY	DIRECTOR	SERVICES
BEHAVIORAL HEALTH NETWORK 417 Liberty St., Springfield, MA 01104 (413) 246-9675; www.bhninc.org	Danielle Rock	The day program Mutual Support While Learning Together is a safe place for individuals working to recover from acute mental-health symptoms that impact their daily lives
BERKSHIRE FAMILY & INDIVIDUAL RESOURCES INC. (BFAIR) 771 South Church St., North Adams, MA 01247; (413) 664-9382 26 Roberts Dr., North Adams, MA 01247; (413) 398-5259 39 Wilis St., Pittsfield, MA 01201; (413) 464-7232 www.bfair.org	Rich Weisenflue	Day Habilitation Center provides adults and students with disabilities individualized services utilizing a medical model including clinical, physical, occupational, and speech therapies as well as on-site nursing care and community integration options; training areas include culinary arts, fine and gross motor development, sensory integration, expressive therapy, communication, behavior management, self-advocacy, safety skill development, and community integration
GOLDEN MOMENTS ADULT DAY HEALTH SPA 190 Nonotuck St., Suite 106, Florence, MA 01062 (413) 727-3094; www.goldenmomentsspa.com	Sheryl Fappiano	Safe, homelike environment for individuals with memory impairments and physical frailty; nursing oversight; socialization; hot meals and snacks; foot care; basic manicures/pedicures; walk-in shower and assistance with activities of daily living; massage; Reiki; meditation; community speakers; movies and musicals; games; outings; toning and strengthening exercises; music and singing programs; sound and aromatherapy
CHD HAWTHORN ADULT DAY HEALTH 85 Interstate Dr., 4531, West Springfield, MA 01089; (413) 205-2944 93 Main St., Chicopee, MA 01020; (413) 598-8217 273 State St., Springfield, MA 01103; (413) 787-0606 www.chd.org	Audrey Monroe	Provides adult day health services designed to meet the physical, functional, and social needs of elderly and disabled people; services include medical management, therapeutic programs, nutritional support, daily activities, mental stimulation, and opportunities for social interaction; a comprehensive clinical team works with each participant, and his or her family, to create a plan of care and activities designed to deliver optimal benefits
HARBOR DAY PROGRAM AT THE ATRIUM AT CARDINAL DRIVE 153 Cardinal Dr., Agawam, MA 01001 (413) 284-2686; www.benchmarkseniorliving.com	Cheryl Moran	Day program serving individuals with Alzheimer's disease and other memory impairments
MERCY ADULT DAY HEALTH OF WESTFIELD 24 Clifton St., Westfield, MA 01085 (413) 568-0555; www.mercycares.com/adult-day-care	Emmanuel Cheo	Program enables older adults and persons with Alzheimer's disease and dementia to continue living at home, keeping participants active and engaged, which enhances their health, well-being, and quality of life; services include health monitoring and education services to provide preventive care and timely intervention, nursing care and associated health services, medication management and administration, blood-glucose monitoring, restorative care including physical, occupational, and speech therapies, on-site lab testing, podiatry services, wound care, social-services care coordination, nutritious meals and snacks, and personal care assistance
MERCY LIFE 200 Hillside Circle, Suite 1, West Springfield, MA 01089 (413) 748-7223; www.mymercylife.com	Emmanuel Cheo	Adult day services, including medical, social, rehabilitative, recreational, personal-care, and nutritional services; primary-care medical services; medical specialty care; rehabilitative services; nursing care; drug coverage; medical equipment and supplies; social-work services; transportation; meals; personal care; in-home services; outpatient services; inpatient hospital and more; Mercy LIFE is a Program of All-inclusive Care for the Elderly (PACE), offering tightly coordinated care and support designed to help seniors continue to live safely at home and avoid moving into a nursing home
PATHLIGHT 220 Brookdale Dr., Springfield, MA 01104 (413) 732-0531; www.pathlightgroup.org	Ruth Banta	Pathlight's Milestones offers an innovative community-based day program where participants focus on self-advocacy, job skills, social skills, and community building
SAFE HARBOR ADULT DAY PROGRAM 1661 Suffield St., Agawam, MA 01001 (413) 426-4481	Cynthia Clemons	Focus on Alzheimer's and dementia; recreational therapy; nutritious meals; medication reminders; exercise; overall wellness; residential/respite
SERENITY CARE PACE 604 Cottage St., Springfield, MA 01104 (413) 734-5445; www.serenitypace.org	Rita Blanter	Primary medical care; nursing, physical, occupational, and speech therapies; recreation therapy; nutrition counseling; social work; personal care; transportation; meals; a Program of All-inclusive Care for the Elderly
WERNICK ADULT DAY HEALTH CARE 770 Converse St., Longmeadow, MA 01106 (413) 567-6211; www.jgslifecare.org	Carolyn Wence	Safe, secure surroundings; personalized skilled nursing care and certified music therapy; recreational and therapeutic activities that encourage social interaction; nutritious meals and snacks; transportation; a service of JGS Lifecare
VIABILITY 5 Franklin St., Northampton, MA 01060 (413) 584-1460; www.viability.org	Sue Cauley	Accredited by Clubhouse International and driven by a belief in recovery through work, Viability clubhouse programs provide members with a supportive environment to increase their vocational, educational, and social skills; locations include Berkshire Pathways in Pittsfield, Odyssey House in Holyoke, Forum House in Westfield, Lighthouse in Springfield, Star Light Center in Florence, and Tradewinds in Southbridge; additional locations in Gloucester, Greenfield, Salem, Somerville, West Springfield, South Bloomfield, Conn., Gales Ferry, Conn., and Ronkonkoma, N.Y.